

# 2023 Maryland Hunger Profiles



**Maryland Hunger Solutions**

*Ending hunger and promoting well-being*

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# Introduction

Maryland is one of the wealthiest states in the nation based on per capita income, but not all Marylanders share in the prosperity. As of May 2023, 670,866 Maryland residents participate in the Supplemental Nutrition Assistance Program (SNAP)<sup>1</sup>. Households that experience prolonged food insecurity are at the greatest risk of experiencing hunger.

The U.S. Department of Agriculture (USDA) defines food insecurity as an economic or social condition of limited or uncertain access to adequate quality and quantity of food<sup>2</sup>. "Very low" food security means that children go to sleep hungry and go to school with unfilled stomachs. To cope, families make difficult decisions – parents, grandparents, and other caregivers may skip meals, eat less, or purchase foods of low nutritional value so that they can feed their children. Many working adults face high costs of living and struggle to earn enough money to put nutritious meals on the table, pay bills, and afford transportation. Older adults and people with disabilities on fixed incomes are often forced to choose between food and medicine. This is true in every county in Maryland.

**Since our founding in 2007, Maryland Hunger Solutions (MDHS) has been dedicated to advancing long-term and sustainable solutions to end hunger for all Marylanders.**

Maryland Hunger Solutions works with state and community partners to educate people about hunger in Maryland, promote proven solutions to reduce food insecurity, improve public policies, and connect eligible residents to federal and state nutrition programs. MDHS also connects anti-hunger advocates, government agencies, medical professionals, service providers, nonprofits, and food policy councils to make progress toward ending hunger in Maryland. Since the onset of the COVID-19 pandemic, MDHS has redoubled efforts to ensure all Marylanders have access to healthy and nutritious food.

A core strategy of MDHS is to increase and expand participation in federal nutrition programs, especially SNAP, which is often the first line of defense in the fight against food insecurity. Another priority is to promote maternal and early childhood nutrition programs, school meals programs, and out-of-school time programs to ensure that children of all ages receive the nutrition that is necessary for their growth and development.

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<sup>1</sup> Maryland Department of Human Services (2023) Data and Reports, Statistical Reports. SNAP: Cases, Participants, & Issuances. Available at <https://dhs.maryland.gov/documents/Data%20and%20Reports/FIA/Statistical%20Reports/SFY-2023-All-Prg-MoStat-Public-Web-w-Charts-final.pdf>.

<sup>2</sup> U.S. Department of Agriculture Economic Research Service (2023). Definitions of Food Security. Available at <https://www.ers.usda.gov/topics/food-nutrition-assistance/food-security-in-the-u-s/definitions-of-food-security>

# Introduction

The Maryland Hunger Profiles provides accurate local data on federal nutrition program participation, population, and poverty data for each of the 24 jurisdictions. Behind the percentages outlined in Maryland Hunger Profiles are the tens of thousands of children, older adults, people living with disabilities, veterans, and low-wage earners who would not get the daily nutrition they need to be productive without these programs. Still, many nutrition programs have not yet realized their full capacity of service for thousands of Marylanders.

The purpose of these data profiles is to allow policymakers, partners, and the public to understand the state of hunger within Maryland and inform ongoing community and policy conversations about ensuring Marylanders have sufficient nutrition and the opportunity to thrive. This is especially true as we continue to navigate the COVID-19 pandemic and recover from the economic and health fallout. Everyone is a stakeholder in the fight against hunger, and together, we can create a hunger-free Maryland.

# Definition of Terms

**Calendar Year (CY):** The calendar year begins on January 1 and ends on December 31. CY 2023 began on January 1, 2023, and will end on December 31, 2023.

**State Fiscal Year (SFY):** The fiscal year in Maryland begins on July 1 and ends on June 30. SFY 2023 started on July 1, 2022, and ended on June 30, 2023<sup>3</sup>.

*The following report sections are based on SFY data: SNAP data and WIC data.*

**School Year (SY):** For the purposes of this report, SY data covers the months of September–May.

*The following report sections are based on SY data: Child Nutrition Programs enrollment data and Community Eligibility Provision data.*

**Food Insecurity:** Defined by the USDA as a household-level economic and social condition of limited or uncertain access to adequate food. Prolonged food insecurity results in the physiological experience of hunger. Food insecurity is measured by the level of food security: very low, low, marginal, and high. Measurement of food insecurity is generally obtained by self-reported survey and indicates a household's level of anxiety over having enough food to eat, the change in diet and quality of food consumed, and the number of times eating patterns have been disrupted<sup>4</sup>.

**Poverty Guidelines:** Annual federal poverty levels (FPL) are issued by the Department of Health and Human Services. Federal nutrition programs use the guidelines (or a percentage from the guidelines, such as 185 percent of the FPL), in determining income eligibility. The FPL varies by household size and has no age distinction. In 2023, the FPL was \$14,580 for an individual and \$30,000 for a family of four<sup>5</sup>.

**Identified Student Percentage (ISP):** This number captures the percentage of enrolled students who are “categorically eligible” (automatically eligible) for free school meals and can be directly certified by the school system without submitting a school meal application. In Maryland, this includes children in households participating in the Supplemental Nutrition Assistance Program (SNAP), Temporary Assistance for Needy Families (TANF), or the Food Distribution Program on Indian Reservations (FDPIR), as well as children in foster care or Head Start, and migrant, homeless, or runaway youth. This also includes children participating in Medicaid.

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<sup>3</sup> Maryland Department of Budget and Management (2022). Operating Budget. Available at <https://dbm.maryland.gov/budget/Pages/operbudhome.aspx>

<sup>4</sup> U.S. Department of Agriculture Economic Research Service (2022). Definitions of Food Security. Available at <https://www.ers.usda.gov/topics/food-nutrition-assistance/food-security-in-the-u-s/definitions-of-food-security>.

<sup>5</sup> Office of the Assistant Secretary for Evaluation (2023). HHS Poverty Guidelines for 2023. Available at <https://aspe.hhs.gov/topics/poverty-economic-mobility/poverty-guidelines>.

# Definition of Terms

**Community Eligibility Provision (CEP):** CEP allows high-poverty schools to offer free breakfast and lunch to all students without having to collect, process, or verify school meal applications. Any district, group of schools in a district, or individual school can choose to participate if they have an Identified Student Percentage of 40 percent or higher. Schools that adopt CEP are reimbursed based on the ISP, which is multiplied by 1.6 to determine the percentage of meals that will be reimbursed at the highest rate.

# Description of Programs

**Child and Adult Care Food Program (CACFP):** CACFP provides healthy meals and snacks to eligible children and adults in child and adult care centers, afterschool care programs, and day care homes. Children living in emergency shelters, adults with disabilities who are enrolled in day care facilities, and adults ages 60 and above, are also eligible to receive meals through CACFP.

**National School Lunch Program (NSLP) and School Breakfast Program (SBP):** NSLP and SBP provide per meal cash reimbursements to schools as an entitlement to provide nutritious meals to children. Students living in households with an income at or below 130 percent of the federal poverty level are eligible to receive free school meals and students with a household income of 185 percent of the federal poverty level or below can qualify for reduced-price school meals. All Maryland students who are enrolled in reduced-price meal programs automatically receive free meals.

*This data report details free and reduced-price meal enrollment data for SY 2022–2023.*

**Summer Food Service Program (SFSP):** SFSP provides free meals to kids and teens ages 18 and under in low-income areas to ensure that children continue to receive meals when school is not in session. Local governments, school districts, and private nonprofits can sponsor summer meal sites, which may be located at schools, parks, community and faith centers, local libraries, recreation centers, housing complexes, and other neighborhood locations. Sponsors are reimbursed for each eligible meal and snack served through the administering state agency. Summer meal sites can either operate as “open” or “closed-enrolled” sites. An “open” site serves meals to all children in the community and must be located in an area where at least 50 percent of the children are eligible for free or reduced-price school meals. At a “closed-enrolled” site, only children enrolled can participate. The site qualifies if it is located in a low-income area or if 50 percent or more of the children enrolled in the program are eligible for free or reduced-price school meals.

In response to the COVID-19 pandemic, USDA issued temporary nationwide waivers that allowed summer meal programs to operate year-round and with increased flexibilities in order to ensure students continued to have access to healthy meals during school closures. These waivers ended in 2022.



# Description of Programs

**Seamless Summer Option (SSO):** Schools participating in the National School Lunch or School Breakfast Program may opt to use the Seamless Summer Option, which includes less paperwork and administrative burden than SFSP, however it provides a slightly lower free reimbursement rate for all meals served.

**Supplemental Nutrition Assistance Program (SNAP):** SNAP provides monetary benefits through Electronic Benefit Transfer (EBT) to supplement the food budget of limited resource families so they can purchase healthy food and move towards self-sufficiency. To receive SNAP benefits, participants must apply in the state in which they currently live and must meet certain requirements, including resource and income limits, work rules, and citizenship or qualified immigrant status. There are special SNAP rules for households with elderly or disabled members.

**Special Supplemental Nutrition Program for Women, Infants, and Children (WIC):**

The WIC Program serves women who are pregnant, postpartum, and breastfeeding, infants, and children up to five years old. Participants must meet categorical, residential, income and nutrition risk requirements. Applicants can be determined income-eligible for WIC based on their participation in or eligibility for other specific income-based programs.

## Programs in Maryland

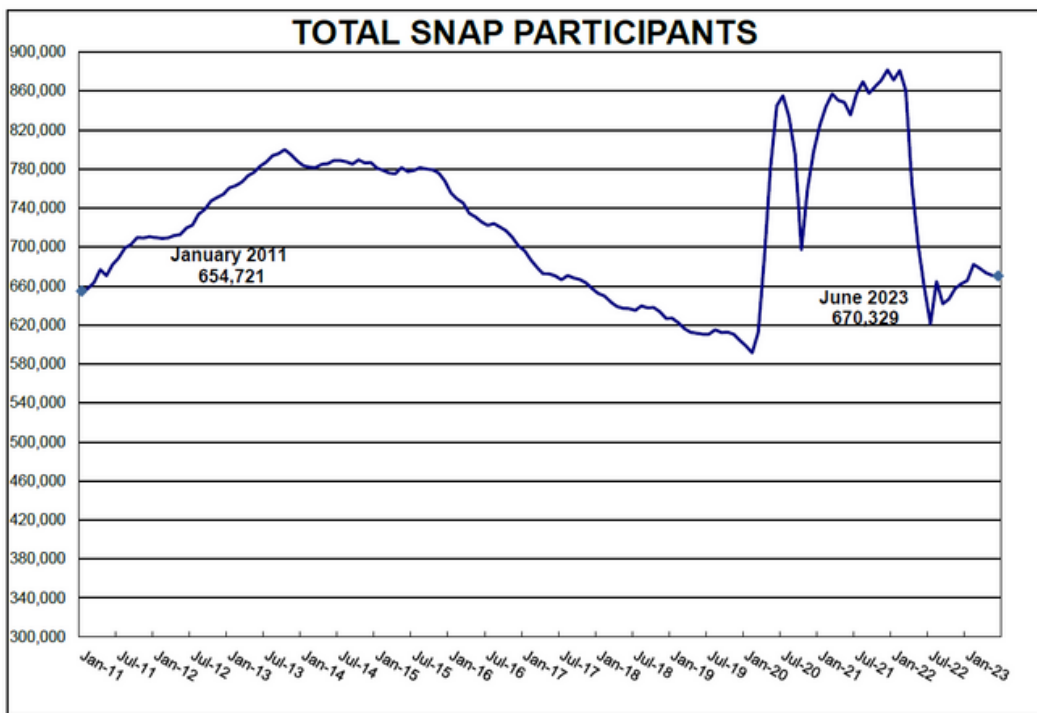
More information for each program can be found through the state agency that administers the program.

- To learn more about the Child and Adult Care Food Program, National School Lunch Program, School Breakfast Program, and summer meal programs, please visit the [Maryland Department of Education's Office of School and Community Nutrition Programs](#).
- To learn more about the Supplemental Nutrition Assistance Program, please visit the [Maryland Department of Human Services](#).
- To learn more about WIC, please visit the [Maryland Department of Health](#), and [Maryland WIC](#).

# 2023: A Reflection on the Lasting Effects of the COVID-19 Pandemic

In March 2020, schools and businesses nationwide closed to prevent the spread of COVID-19, resulting in a sudden increase in unemployment. In one month alone, Maryland Hunger Solutions received over 3,000 calls to its toll-free SNAP application hotline from affected people searching for assistance. Many were first-time applicants.

In Maryland, there was a 400 percent increase in the number of SNAP applications received in April 2020, as compared to March 2020 – nearly 150,000 applications. In July 2020, Maryland reached a historic peak in SNAP participation with over 855,000 participants enrolled in the program<sup>6</sup>. As of June 2023, there are 670,329 SNAP participants in Maryland<sup>7</sup>. Figure 1 below shows the variation in SNAP participation in Maryland between January 2011 and June 2023. The decrease in SNAP participants from 2020 to 2023 may be partially attributable to the end of pandemic-related waivers and the Public Health Emergency declaration.<sup>8</sup>



**Figure 1.** Total SNAP Participants in Maryland at two time points each year from 2011-2023. This chart is replicated from Maryland Department of Human Services (2023).

<https://dhs.maryland.gov/documents/Data%20and%20Reports/FIA/Statistical%20Reports/SFY-2023-All-Prg-MoStat-Public-Web-w-Charts-data-through-June-2023.pdf>.<sup>7</sup>

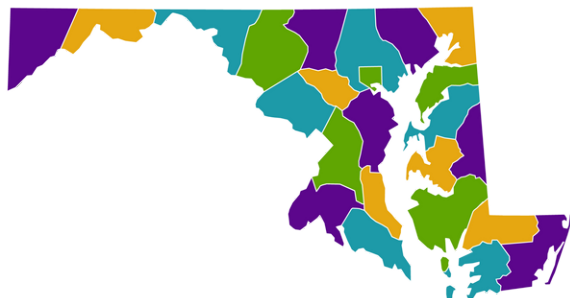
<sup>6</sup> Maryland Department of Human Services (2021). Statistical Reports. Available at <https://dhs.maryland.gov/documents/Data%20and%20Reports/FIA/Statistical%20Reports/2021-All-Prg-MoStat-Public-Web-w-Charts-Final-8.pdf>

<sup>7</sup> Maryland Department of Human Services (2023). Statistical Reports. Available at <https://dhs.maryland.gov/documents/Data%20and%20Reports/FIA/Statistical%20Reports/SFY-2023-All-Prg-MoStat-Public-Web-w-Charts-data-through-June-2023.pdf>.

<sup>8</sup> Food and Nutrition Service, United States Department of Agriculture. (2023). Changes to SNAP Benefit Amounts - 2023. Available at <https://www.fns.usda.gov/snap/changes-2023-benefit-amounts>

# 2023: A Reflection on the Lasting Effects of the COVID-19 Pandemic

The COVID-19 pandemic still affects Maryland's economy, food system, and well-being. Congress recently passed the Consolidated Appropriations Act, which ended SNAP Emergency Allotments after February 2023. SNAP, WIC, school meal programs, and charitable initiatives continue to tackle the issue of food insecurity caused by the pandemic and the discontinuation of emergency food allotments. Given data and tools, policymakers can – and have – made a difference in the lives of Maryland's communities. The following profiles provide a snapshot of hunger, poverty, and federal nutrition programs participation across the state of Maryland.



# MARYLAND STATE

## Population (2022)<sup>9</sup>

Total: **6,164,660**

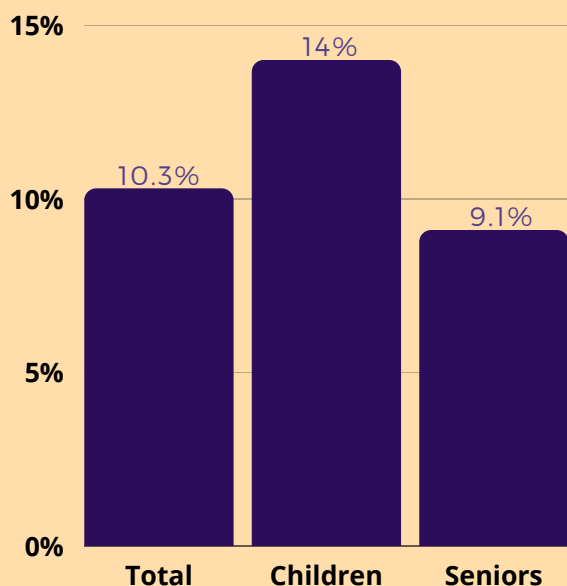
Children (under 18): **1,362,390**

Seniors (over 65): **1,004,840**

## Median Household Income (2021)<sup>10</sup>

**\$91,431**

## Percent of the Population Living Below Poverty Level (2021)<sup>11</sup>



## Child Nutrition Programs<sup>12</sup>

### Free and Reduced-Price Meals Enrollment (SY 2022-23)

Total Enrollment	Free Meals Enrollment	Reduced-Price Meals Enrollment*	Free and Reduced % of Total
892,470	436,906	48,275	54%

\*All enrolled in reduced-price meals eat for free

### Community Eligibility Provision (CEP) (SY 2022-2023)<sup>13</sup>

**727** eligible public schools\*  
**351** participating public schools

\*Eligibility is determined on an individual school basis and does not include schools that could be or are made eligible through groupings.

### Supplemental Nutrition Assistance Program (SNAP) (2023 SFY)<sup>14</sup>

**659,367** average participants/month\*

\*This number presents an average of monthly participation from July 2022-May 2023.

### Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) (2022 SFY)<sup>15</sup>

**75.33%** of eligible people enrolled  
**182,779** participants

- 53,574 Women
- 26,547 Infants (under 1)
- 102,658 Children (ages 1-5)



# ALLEGANY COUNTY

## Population (2022)<sup>9</sup>

Total: **67,267**

Children (under 18): **11,771**

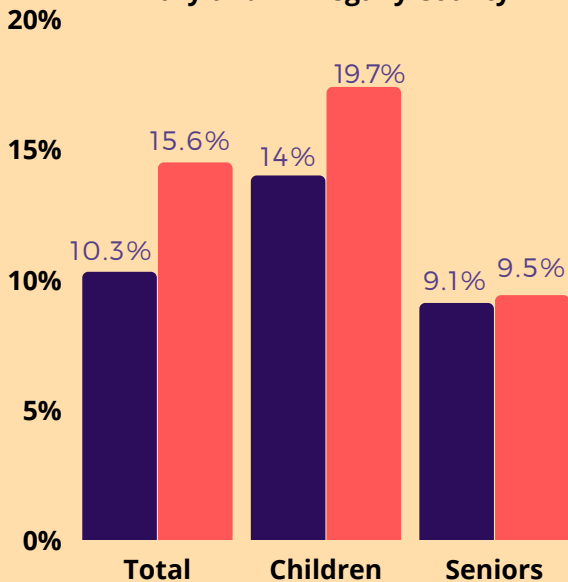
Seniors (over 65): **13,722**

## Median Household Income (2021)<sup>10</sup>

**\$48,888**

## Percent of the Population Living Below Poverty Level (2021)<sup>11</sup>

■ Maryland ■ Allegany County



## Child Nutrition Programs<sup>12</sup>

### Free and Reduced-Price Meals Enrollment (SY 2022-23)

Total Enrollment	Free Meals Enrollment	Reduced-Price Meals Enrollment*	Free and Reduced % of Total
8,174	5,112	458	68%

\*All enrolled in reduced-price meals eat for free

### Community Eligibility Provision (CEP) (SY 2022-2023)<sup>13</sup>

**23** eligible public schools\*  
**5** participating public schools

\*Eligibility is determined on an individual school basis and does not include schools that could be or are made eligible through groupings.

100 percent of Allegany County schools could be made eligible through a districtwide grouping.

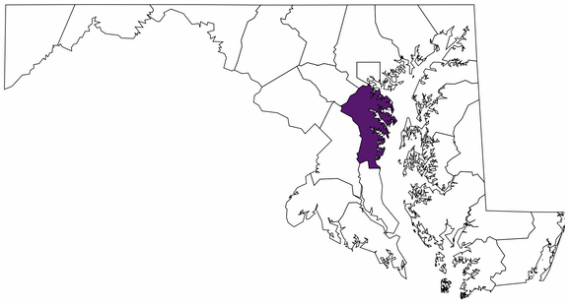
### Supplemental Nutrition Assistance Program (SNAP) (2023 SFY)<sup>14</sup>

**15,141** average participants/month

### Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) (2022 SFY)<sup>15</sup>

**72.81%** of eligible people enrolled  
**2,202** participants

- 642 Women
- 250 Infants (under 1)
- 1,310 Children (ages 1-5)



# ANNE ARUNDEL COUNTY

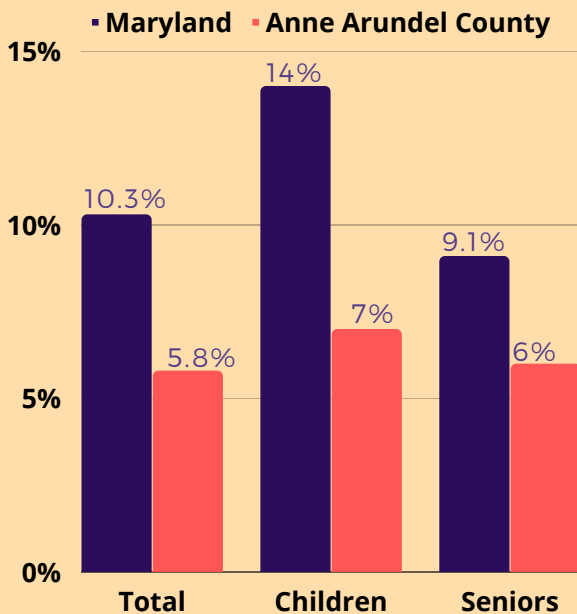
## Population (2022)<sup>9</sup>

Total:	<b>593,286</b>
Children (under 18):	<b>132,303</b>
Seniors (over 65):	<b>91,366</b>

## Median Household Income (2021)<sup>10</sup>

**\$108,048**

## Percent of the Population Living Below Poverty Level (2021)<sup>11</sup>



## Child Nutrition Programs<sup>12</sup>

### Free and Reduced-Price Meals Enrollment (SY 2022-23)

Total Enrollment	Free Meals Enrollment	Reduced-Price Meals Enrollment*	Free and Reduced % of Total
84,604	32,055	3,741	42%

\*All enrolled in reduced-price meals eat for free

### Community Eligibility Provision (CEP) (SY 2022-2023)<sup>13</sup>

**42** eligible public schools\*  
**0** participating public schools

\*Eligibility is determined on an individual school basis and does not include schools that could be or are made eligible through groupings.

### Supplemental Nutrition Assistance Program (SNAP) (2023 SFY)<sup>14</sup>

**45,008** average participants/month

### Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) (2022 SFY)<sup>15</sup>

**65.95%** of eligible people enrolled  
**11,443** participants

- 3,412 Women
- 1,800 Infants (under 1)
- 6,231 Children (ages 1-5)



# BALTIMORE CITY

## Population (2022)<sup>9</sup>

Total: **576,498**

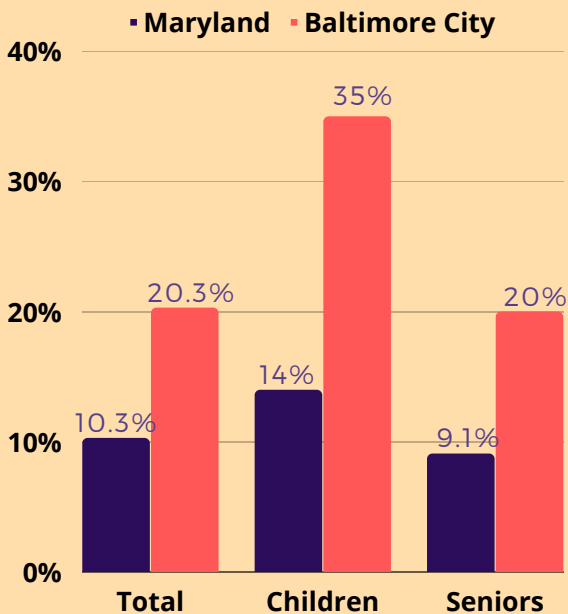
Children (under 18): **118,182**

Seniors (over 65): **81,286**

## Median Household Income (2021)<sup>10</sup>

**\$54,124**

## Percent of the Population Living Below Poverty Level (2021)<sup>11</sup>



## Child Nutrition Programs<sup>12</sup>

### Free and Reduced-Price Meals Enrollment (SY 2022-23)

Total Enrollment	Free Meals Enrollment	Reduced-Price Meals Enrollment*	Free and Reduced % of Total
76,344	71,581	0	94%

\*All enrolled in reduced-price meals eat for free

### Community Eligibility Provision (CEP) (SY 2022-2023)<sup>13</sup>

**152** eligible public schools\*  
**160** participating public schools\*\*

\*Eligibility is determined on an individual school basis and does not include schools that could be or are made eligible through groupings.

\*\*Baltimore City uses CEP districtwide.

### Supplemental Nutrition Assistance Program (SNAP) (2023 SFY)<sup>14</sup>

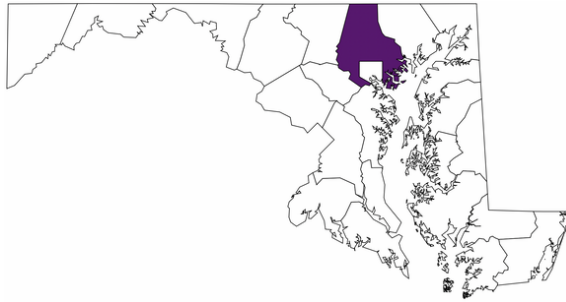
**139,393** average participants/month

### Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) (2022 SFY)<sup>15</sup>

**76.87%** of eligible people enrolled

**26,344** participants

- 7,521 Women
- 3,757 Infants (under 1)
- 15,066 Children (ages 1-5)



# BALTIMORE COUNTY

## Population (2022)<sup>9</sup>

Total: **846,161**

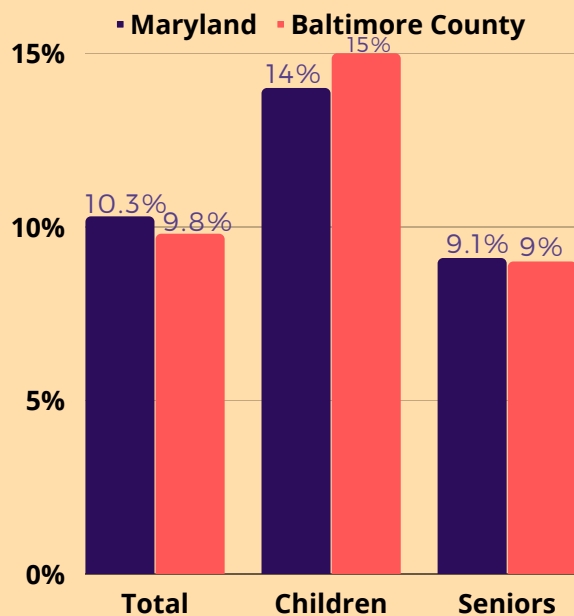
Children (under 18): **184,463**

Seniors (over 65): **151,463**

## Median Household Income (2021)<sup>10</sup>

**\$81,846**

## Percent of the Population Living Below Poverty Level (2021)<sup>11</sup>



## Child Nutrition Programs<sup>12</sup>

### Free and Reduced-Price Meals Enrollment (SY 2022-23)

Total Enrollment	Free Meals Enrollment	Reduced-Price Meals Enrollment*	Free and Reduced % of Total
111,000	70,276	3,401	66%

\*All enrolled in reduced-price meals eat for free

### Community Eligibility Provision (CEP) (SY 2022-2023)<sup>13</sup>

**119** eligible public schools\*  
**87** participating public schools

\*Eligibility is determined on an individual school basis and does not include schools that could be or are made eligible through groupings.

100 percent of Baltimore County schools could be made eligible through a districtwide grouping.

### Supplemental Nutrition Assistance Program (SNAP) (2023 SFY)<sup>14</sup>

**91,837** average participants/month

### Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) (2022 SFY)<sup>15</sup>

**75.76%** of eligible people enrolled  
**27,681** participants

- 8,294 Women
- 4,252 Infants (under 1)
- 20,459 Children (ages 1-5)





# CALVERT COUNTY

## Population (2022)<sup>9</sup>

Total: **94,573**

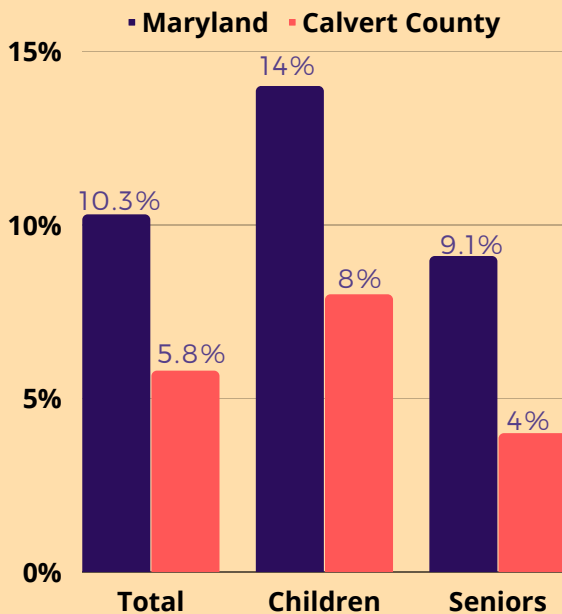
Children (under 18): **21,941**

Seniors (over 65): **14,942**

## Median Household Income (2021)<sup>10</sup>

**\$120,295**

## Percent of the Population Living Below Poverty Level (2021)<sup>11</sup>



## Child Nutrition Programs<sup>12</sup>

### Free and Reduced-Price Meals Enrollment (SY 2022-23)

Total Enrollment	Free Meals Enrollment	Reduced-Price Meals Enrollment*	Free and Reduced % of Total
15,465	3,937	651	30%

\*All enrolled in reduced-price meals eat for free

### Community Eligibility Provision (CEP) (SY 2022-2023)<sup>13</sup>

**3** eligible public schools\*

**0** participating public schools

\*Eligibility is determined on an individual school basis and does not include schools that could be or are made eligible through groupings.

### Supplemental Nutrition Assistance Program (SNAP) (2023 SFY)<sup>14</sup>

**7,124** average participants/month

### Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) (2022 SFY)<sup>15</sup>

**55.29%** of eligible people enrolled

**1,201** participants

- 373 Women
- 190 Infants (under 1)
- 638 Children (ages 1-5)



# CAROLINE COUNTY

## Population (2022)<sup>9</sup>

Total: **33,433**

Children (under 18): **7,924**

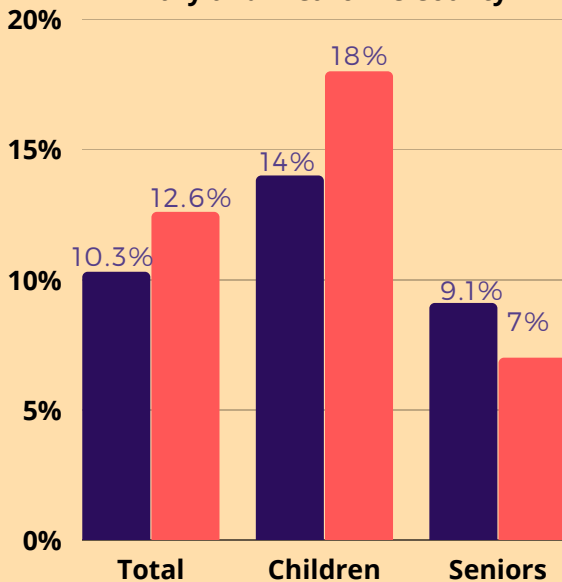
Seniors (over 65): **5,684**

## Median Household Income (2021)<sup>10</sup>

**\$63,027**

## Percent of the Population Living Below Poverty Level (2021)<sup>11</sup>

■ Maryland ■ Caroline County



## Child Nutrition Programs<sup>12</sup>

### Free and Reduced-Price Meals Enrollment (SY 2022-23)

Total Enrollment	Free Meals Enrollment	Reduced-Price Meals Enrollment*	Free and Reduced % of Total
5,736	3,291	502	66%

\*All enrolled in reduced-price meals eat for free

### Community Eligibility Provision (CEP) (SY 2022-2023)<sup>13</sup>

**12** eligible public schools\*

**0** participating public schools

\*Eligibility is determined on an individual school basis and does not include schools that could be or are made eligible through groupings.

100 percent of Caroline County schools could be made eligible through a districtwide grouping.

### Supplemental Nutrition Assistance Program (SNAP) (2023 SFY)<sup>14</sup>

**6,140** average participants/month

### Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) (2022 SFY)<sup>15</sup>

**79.59%** of eligible people enrolled

**1,669** participants

- 497 Women
- 258 Infants (under 1)
- 914 Children (ages 1-5)



# CARROLL COUNTY

## Population (2022)<sup>9</sup>

Total: **175,305**

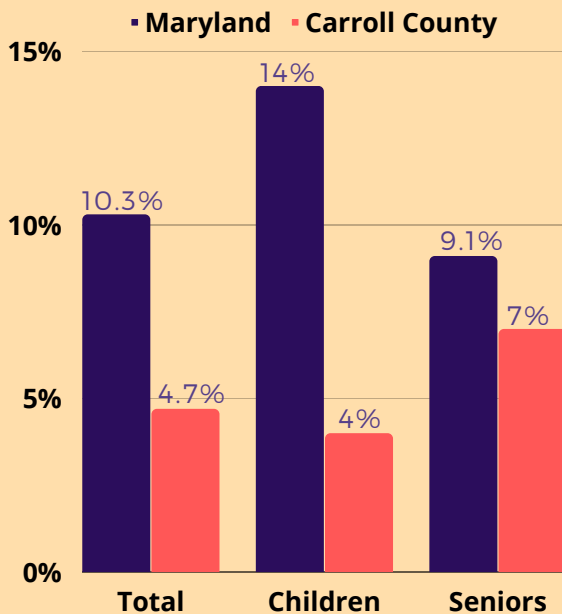
Children (under 18): **38,392**

Seniors (over 65): **30,678**

## Median Household Income (2021)<sup>10</sup>

**\$104,708**

## Percent of the Population Living Below Poverty Level (2021)<sup>11</sup>



## Child Nutrition Programs<sup>12</sup>

### Free and Reduced-Price Meals Enrollment (SY 2022-23)

Total Enrollment	Free Meals Enrollment	Reduced-Price Meals Enrollment*	Free and Reduced % of Total
25,750	5,562	1,289	27%

\*All enrolled in reduced-price meals eat for free

### Community Eligibility Provision (CEP) (SY 2022-2023)<sup>13</sup>

**4** eligible public schools\*

**0** participating public schools

\*Eligibility is determined on an individual school basis and does not include schools that could be or are made eligible through groupings.

### Supplemental Nutrition Assistance Program (SNAP) (2023 SFY)<sup>14</sup>

**9,224** average participants/month

### Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) (2022 SFY)<sup>15</sup>

**60.06%** of eligible people enrolled

**2,104** participants

- 637 Women
- 320 Infants (under 1)
- 1,147 Children (ages 1-5)



# CECIL COUNTY

## Population (2022)<sup>9</sup>

Total: **104,924**

Children (under 18): **23,402**

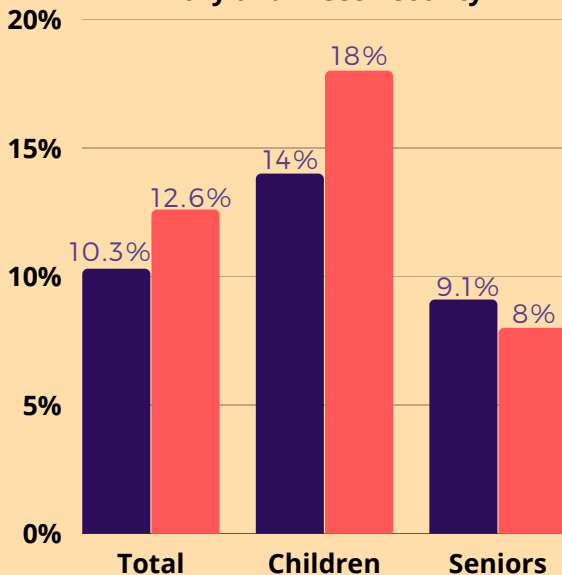
Seniors (over 65): **17,525**

## Median Household Income (2021)<sup>10</sup>

**\$81,817**

## Percent of the Population Living Below Poverty Level (2021)<sup>11</sup>

■ Maryland ■ Cecil County



## Child Nutrition Programs<sup>12</sup>

### Free and Reduced-Price Meals Enrollment (SY 2022-23)

Total Enrollment	Free Meals Enrollment	Reduced-Price Meals Enrollment*	Free and Reduced % of Total
15,119	7,552	830	55%

\*All enrolled in reduced-price meals eat for free

### Community Eligibility Provision (CEP) (SY 2022-2023)<sup>13</sup>

**16** eligible public schools\*

**6** participating public schools

\*Eligibility is determined on an individual school basis and does not include schools that could be or are made eligible through groupings.

100 percent of Cecil County schools could be made eligible through a districtwide grouping.

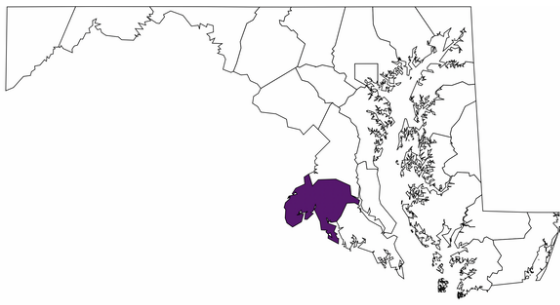
### Supplemental Nutrition Assistance Program (SNAP) (2023 SFY)<sup>14</sup>

**13,507** average participants/month

### Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) (2022 SFY)<sup>15</sup>

**61.97%** of eligible people enrolled  
**2,613** participants

- 728 Women
- 421 Infants (under 1)
- 1,464 Children (ages 1-5)



# CHARLES COUNTY

## Population (2022)<sup>9</sup>

Total: **170,102**

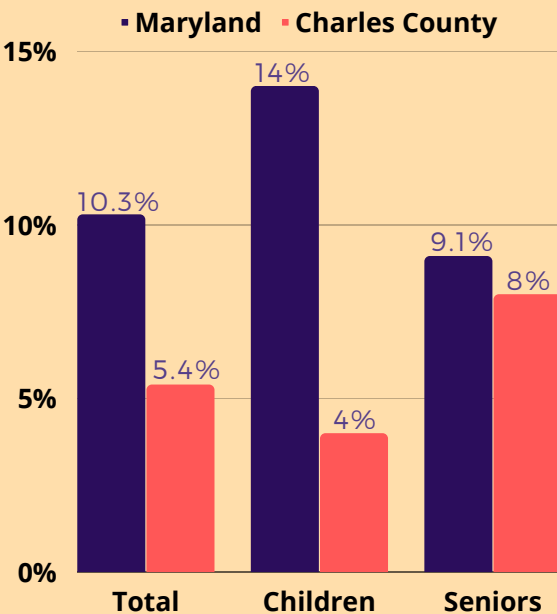
Children (under 18): **40,824**

Seniors (over 65): **22,624**

## Median Household Income (2021)<sup>10</sup>

**\$107,808**

## Percent of the Population Living Below Poverty Level (2021)<sup>11</sup>



## Child Nutrition Programs<sup>12</sup>

### Free and Reduced-Price Meals Enrollment (SY 2022-23)

Total Enrollment	Free Meals Enrollment	Reduced-Price Meals Enrollment*	Free and Reduced % of Total
27,764	11,093	1,715	46%

\*All enrolled in reduced-price meals eat for free

### Community Eligibility Provision (CEP) (SY 2022-2023)<sup>13</sup>

**11** eligible public schools\*  
**0** participating public schools

\*Eligibility is determined on an individual school basis and does not include schools that could be or are made eligible through groupings.

### Supplemental Nutrition Assistance Program (SNAP) (2023 SFY)<sup>14</sup>

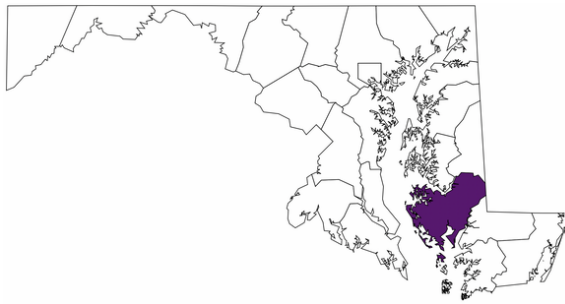
**15,473** average participants/month

### Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) (2022 SFY)<sup>15</sup>

**67.81%** of eligible people enrolled

**3,986** participants

- 1,176 Women
- 609 Infants (under 1)
- 2,201 Children (ages 1-5)



# DORCHESTER COUNTY

## Population (2022)<sup>9</sup>

Total: **32,726**

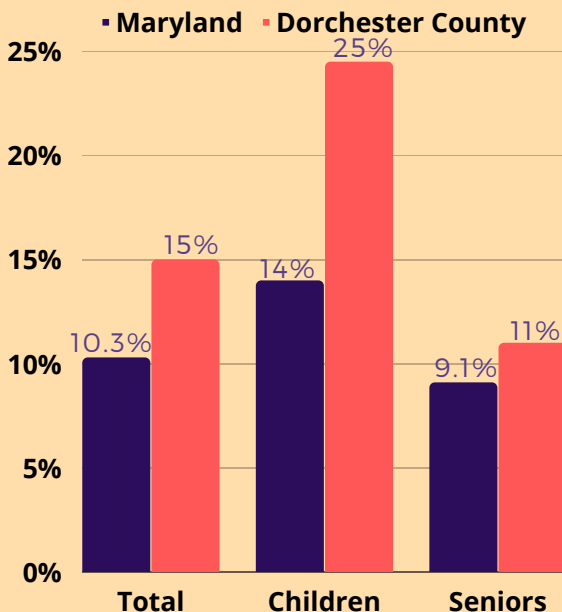
Children (under 18): **6,872**

Seniors (over 65): **7,363**

## Median Household Income (2021)<sup>10</sup>

**\$55,652**

## Percent of the Population Living Below Poverty Level (2021)<sup>11</sup>



## Child Nutrition Programs<sup>12</sup>

### Free and Reduced-Price Meals Enrollment (SY 2022-23)

Total Enrollment	Free Meals Enrollment	Reduced-Price Meals Enrollment*	Free and Reduced % of Total
4,543	529	0	88%

\*All enrolled in reduced-price meals eat for free

### Community Eligibility Provision (CEP) (SY 2022-2023)<sup>13</sup>

**9** eligible public schools\*

**12** participating public schools\*\*

\*Eligibility is determined on an individual school basis and does not include schools that could be or are made eligible through groupings.

\*\*Dorchester County uses CEP districtwide.

### Supplemental Nutrition Assistance Program (SNAP) (2023 SFY)<sup>14</sup>

**7,762** average participants/month

### Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) (2022 SFY)<sup>15</sup>

**69.44%** of eligible people enrolled

**1,381** participants

- 412 Women
- 226 Infants (under 1)
- 743 Children (ages 1-5)



# FREDERICK COUNTY

## Population (2022)<sup>9</sup>

Total: **287,079**

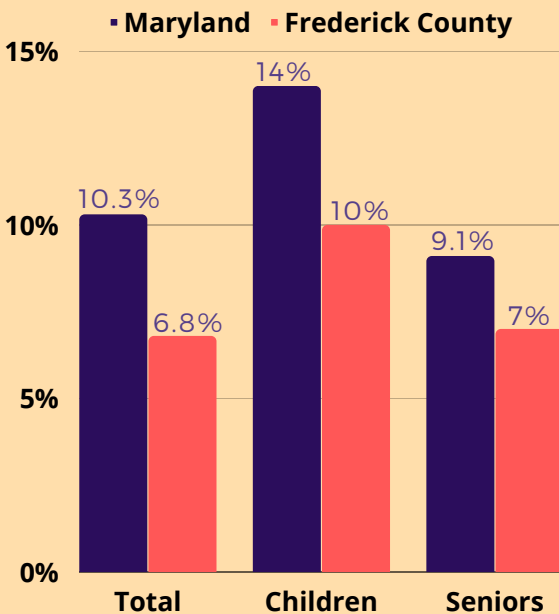
Children (under 18): **66,889**

Seniors (over 65): **43,349**

## Median Household Income (2021)<sup>10</sup>

**\$106,129**

## Percent of the Population Living Below Poverty Level (2021)<sup>11</sup>



## Child Nutrition Programs<sup>12</sup>

### Free and Reduced-Price Meals Enrollment (SY 2022-23)

Total Enrollment	Free Meals Enrollment	Reduced-Price Meals Enrollment*	Free and Reduced % of Total
46,957	12,878	2,877	34%

\*All enrolled in reduced-price meals eat for free

### Community Eligibility Provision (CEP) (SY 2022-2023)<sup>13</sup>

**6** eligible public schools\*  
**1** participating public schools

\*Eligibility is determined on an individual school basis and does not include schools that could be or are made eligible through groupings.

### Supplemental Nutrition Assistance Program (SNAP) (2023 SFY)<sup>14</sup>

**17,913** average participants/month

### Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) (2022 SFY)<sup>15</sup>

**78.08%** of eligible people enrolled  
**5,826** participants

- 1,646 Women
- 781 Infants (under 1)
- 3,399 Children (ages 1-5)



# GARRETT COUNTY

## Population (2022)<sup>9</sup>

Total: **28,579**

Children (under 18): **5,201**

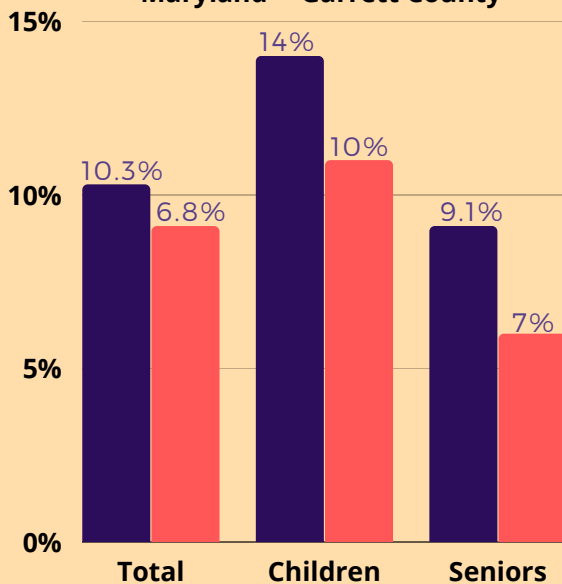
Seniors (over 65): **6,687**

## Median Household Income (2021)<sup>10</sup>

**\$58,011**

## Percent of the Population Living Below Poverty Level (2021)<sup>11</sup>

■ Maryland ■ Garrett County



## Child Nutrition Programs<sup>12</sup>

### Free and Reduced-Price Meals Enrollment (SY 2022-23)

Total Enrollment	Free Meals Enrollment	Reduced-Price Meals Enrollment*	Free and Reduced % of Total
3,584	1,790	303	58%

\*All enrolled in reduced-price meals eat for free

### Community Eligibility Provision (CEP) (SY 2022-2023)<sup>13</sup>

**8** eligible public schools\*  
**1** participating public schools

\*Eligibility is determined on an individual school basis and does not include schools that could be or are made eligible through groupings.

100 percent of Garrett County schools could be made eligible through a districtwide grouping.

### Supplemental Nutrition Assistance Program (SNAP) (2023 SFY)<sup>14</sup>

**4,107** average participants/month

### Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) (2022 SFY)<sup>15</sup>

**80.82%** of eligible people enrolled

**959** participants

- 269 Women
- 133 Infants (under 1)
- 557 Children (ages 1-5)





# HARFORD COUNTY

## Population (2022)<sup>9</sup>

Total: **263,867**

Children (under 18): **58,842**

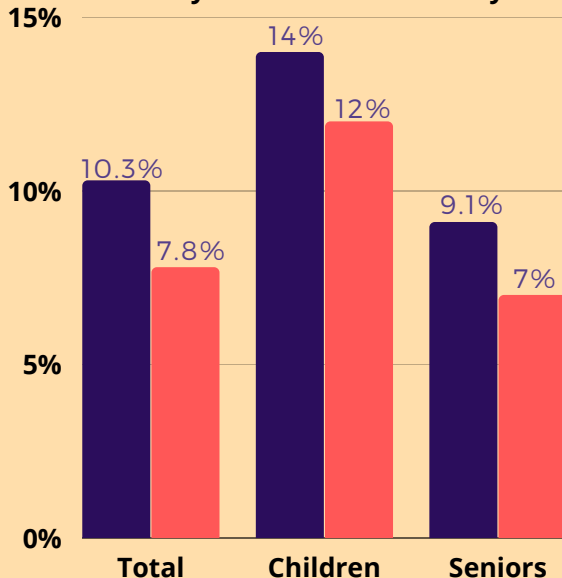
Seniors (over 65): **44,594**

## Median Household Income (2021)<sup>10</sup>

**\$98,495**

## Percent of the Population Living Below Poverty Level (2021)<sup>11</sup>

■ Maryland ■ Harford County



## Child Nutrition Programs<sup>12</sup>

### Free and Reduced-Price Meals Enrollment (SY 2022-23)

Total Enrollment	Free Meals Enrollment	Reduced-Price Meals Enrollment*	Free and Reduced % of Total
38,082	13,182	2,036	40%

\*All enrolled in reduced-price meals eat for free

### Community Eligibility Provision (CEP) (SY 2022-2023)<sup>13</sup>

**17** eligible public schools\*

**7** participating public schools

\*Eligibility is determined on an individual school basis and does not include schools that could be or are made eligible through groupings.

### Supplemental Nutrition Assistance Program (SNAP) (2023 SFY)<sup>14</sup>

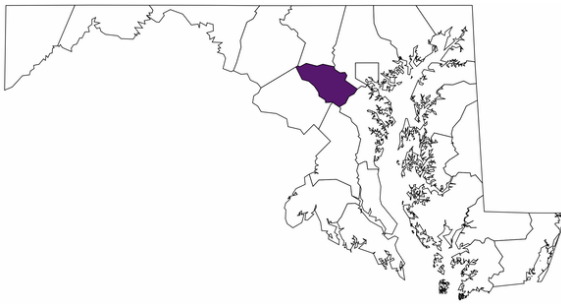
**22,998** average participants/month

### Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) (2022 SFY)<sup>15</sup>

**68.17%** of eligible people enrolled

**4,924** participants

- 1,386 Women
- 686 Infants (under 1)
- 2,852 Children (ages 1-5)



# HOWARD COUNTY

## Population (2022)<sup>9</sup>

Total: **335,411**

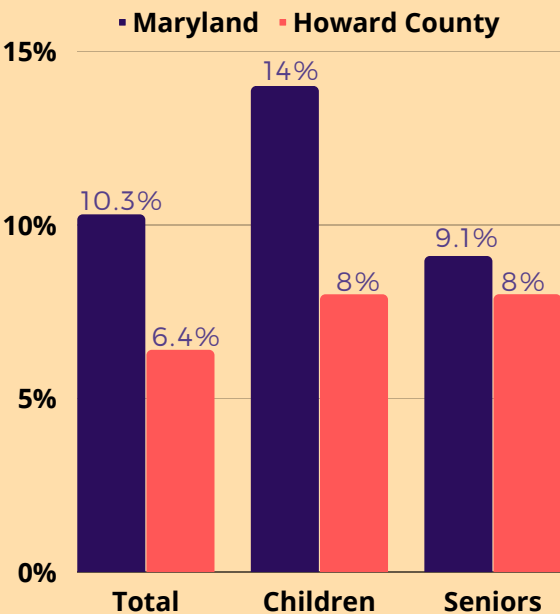
Children (under 18): **80,834**

Seniors (over 65): **49,305**

## Median Household Income (2021)<sup>10</sup>

**\$129,549**

## Percent of the Population Living Below Poverty Level (2021)<sup>11</sup>



## Child Nutrition Programs<sup>12</sup>

### Free and Reduced-Price Meals Enrollment (SY 2022-23)

Total Enrollment	Free Meals Enrollment	Reduced-Price Meals Enrollment*	Free and Reduced % of Total
57,822	14,675	2,730	30%

\*All enrolled in reduced-price meals eat for free

### Community Eligibility Provision (CEP) (SY 2022-2023)<sup>13</sup>

**12** eligible public schools\*  
**3** participating public schools

\*Eligibility is determined on an individual school basis and does not include schools that could be or are made eligible through groupings.

### Supplemental Nutrition Assistance Program (SNAP) (2023 SFY)<sup>14</sup>

**19,360** average participants/month

### Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) (2022 SFY)<sup>15</sup>

**75.24%** of eligible people enrolled  
**5,440** participants

- 1,557 Women
- 725 Infants (under 1)
- 3,158 Children (ages 1-5)



# KENT COUNTY

## Population (2022)<sup>9</sup>

Total: **19,320**

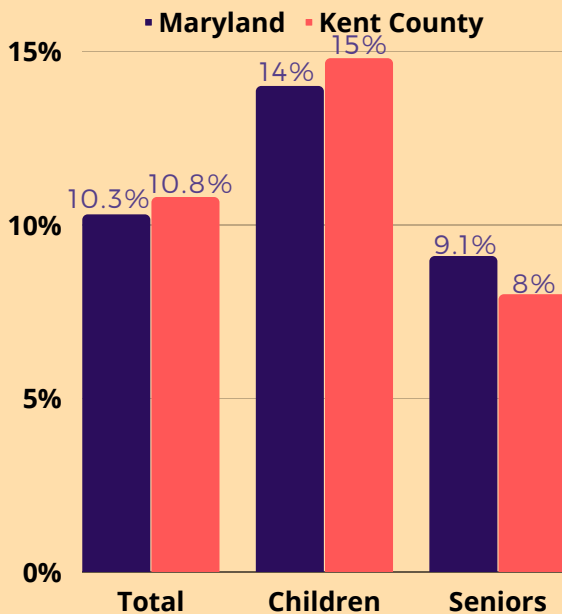
Children (under 18): **2,995**

Seniors (over 65): **5,216**

## Median Household Income (2021)<sup>10</sup>

**\$64,451**

## Percent of the Population Living Below Poverty Level (2021)<sup>11</sup>



## Child Nutrition Programs<sup>12</sup>

### Free and Reduced-Price Meals Enrollment (SY 2022-23)

Total Enrollment	Free Meals Enrollment	Reduced-Price Meals Enrollment*	Free and Reduced % of Total
1,756	1,186	83	72%

\*All enrolled in reduced-price meals eat for free

### Community Eligibility Provision (CEP) (SY 2022-2023)<sup>13</sup>

**5** eligible public schools\*  
**2** participating public schools

\*Eligibility is determined on an individual school basis and does not include schools that could be or are made eligible through groupings.

100 percent of Kent County schools could be made eligible through a districtwide grouping.

### Supplemental Nutrition Assistance Program (SNAP) (2023 SFY)<sup>14</sup>

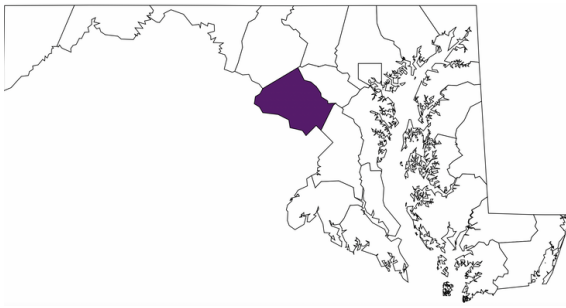
**2,832** average participants/month

### Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) (2022 SFY)<sup>15</sup>

**74.01%** of eligible people enrolled

**439** participants

- 120 Women
- 63 Infants (under 1)
- 256 Children (ages 1-5)



# MONTGOMERY COUNTY

## Population (2022)<sup>9</sup>

Total: **1,052,521**

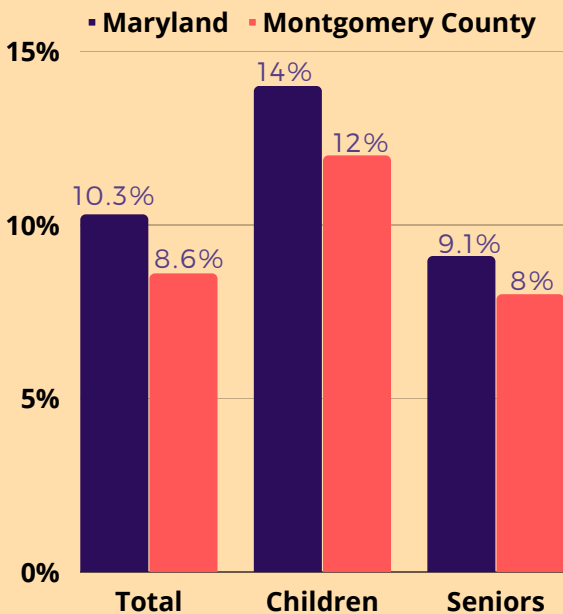
Children (under 18): **241,027**

Seniors (over 65): **174,718**

## Median Household Income (2021)<sup>10</sup>

**\$117,345**

## Percent of the Population Living Below Poverty Level (2021)<sup>11</sup>



## Child Nutrition Programs<sup>12</sup>

### Free and Reduced-Price Meals Enrollment (SY 2022-23)

Total Enrollment	Free Meals Enrollment	Reduced-Price Meals Enrollment*	Free and Reduced % of Total
161,474	57,419	12,866	44%

\*All enrolled in reduced-price meals eat for free

### Community Eligibility Provision (CEP) (SY 2022-2023)<sup>13</sup>

**61** eligible public schools\*

**0** participating public schools

\*Eligibility is determined on an individual school basis and does not include schools that could be or are made eligible through groupings.

### Supplemental Nutrition Assistance Program (SNAP) (2023 SFY)<sup>14</sup>

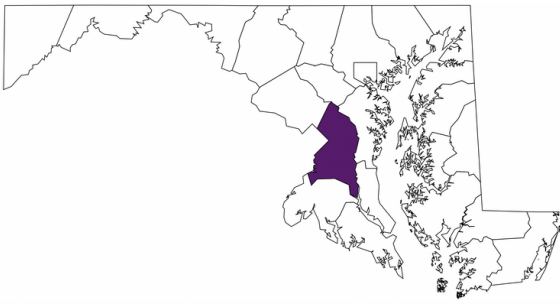
**63,616** average participants/month

### Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) (2022 SFY)<sup>15</sup>

**85.45%** of eligible people enrolled

**30,181** participants

- 8,807 Women
- 4,127 Infants (under 1)
- 17,247 Children (ages 1-5)



# PRINCE GEORGE'S COUNTY

## Population (2022)<sup>9</sup>

Total: **946,971**

Children (under 18): **209,281**

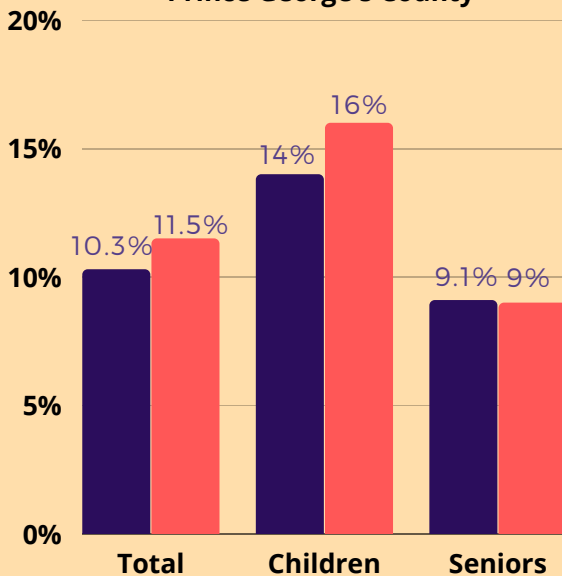
Seniors (over 65): **137,311**

## Median Household Income (2021)<sup>10</sup>

**\$91,124**

## Percent of the Population Living Below Poverty Level (2021)<sup>11</sup>

■ Maryland  
■ Prince George's County



## Child Nutrition Programs<sup>12</sup>

### Free and Reduced-Price Meals Enrollment (SY 2022-23)

Total Enrollment	Free Meals Enrollment	Reduced-Price Meals Enrollment*	Free and Reduced % of Total
131,945	80,390	11,341	70%

\*All enrolled in reduced-price meals eat for free

### Community Eligibility Provision (CEP) (SY 2022-2023)<sup>13</sup>

**143** eligible public schools\*  
**19** participating public schools

\*Eligibility is determined on an individual school basis and does not include schools that could be or are made eligible through groupings.

100 percent of Prince George's County schools could be made eligible through a districtwide grouping.

### Supplemental Nutrition Assistance Program (SNAP) (2023 SFY)<sup>14</sup>

**101,785** average participants/month

### Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) (2022 SFY)<sup>15</sup>

**77.57%** of eligible people enrolled  
**37,990** participants

- 11,269 Women
- 5,346 Infants (under 1)
- 21,375 Children (ages 1-5)



# QUEEN ANNE'S COUNTY

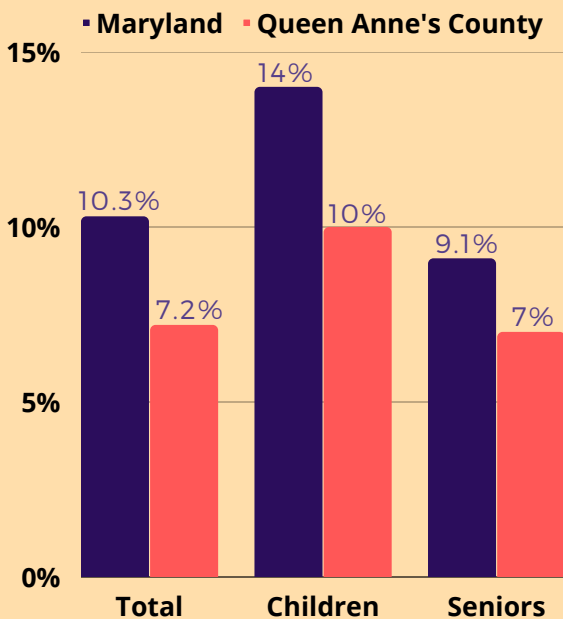
## Population (2022)<sup>9</sup>

Total:	<b>51,711</b>
Children (under 18):	<b>10,963</b>
Seniors (over 65):	<b>10,239</b>

## Median Household Income (2021)<sup>10</sup>

**\$99,597**

## Percent of the Population Living Below Poverty Level (2021):<sup>11</sup>



## Child Nutrition Programs<sup>12</sup>

### Free and Reduced-Price Meals Enrollment (SY 2022-23)

Total Enrollment	Free Meals Enrollment	Reduced-Price Meals Enrollment*	Free and Reduced % of Total
7,413	2,316	373	36%

\*All enrolled in reduced-price meals eat for free

### Community Eligibility Provision (CEP) (SY 2022-2023)<sup>13</sup>

**4** eligible public schools\*  
**0** participating public schools

\*Eligibility is determined on an individual school basis and does not include schools that could be or are made eligible through groupings.

### Supplemental Nutrition Assistance Program (SNAP) (2023 SFY)<sup>14</sup>

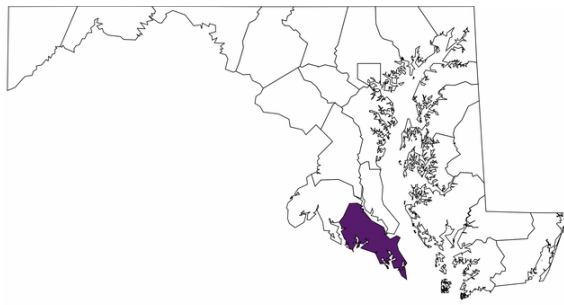
**3,156** average participants/month

### Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) (2022 SFY)<sup>15</sup>

**61.27%** of eligible people enrolled

**798** participants

- 220 Women
- 110 Infants (under 1)
- 468 Children (ages 1-5)



# ST. MARY'S COUNTY

## Population (2022)<sup>9</sup>

Total: **114,877**

Children (under 18): **27,456**

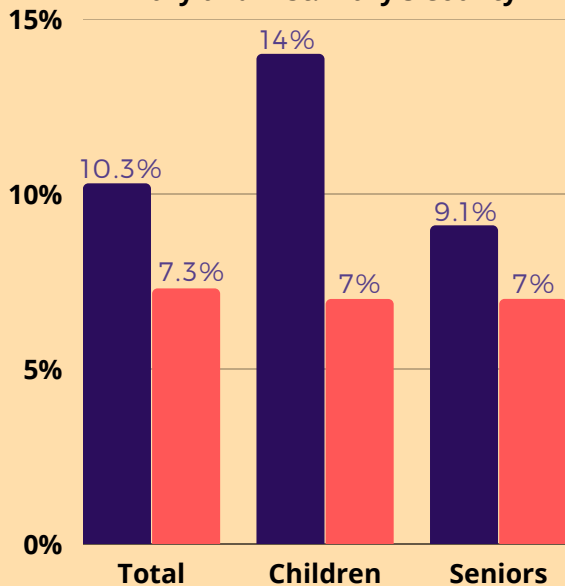
Seniors (over 65): **15,738**

## Median Household Income (2021)<sup>10</sup>

**\$102,859**

## Percent of the Population Living Below Poverty Level (2021)<sup>11</sup>

■ Maryland ■ St. Mary's County



## Child Nutrition Programs<sup>12</sup>

### Free and Reduced-Price Meals Enrollment (SY 2022-23)

Total Enrollment	Free Meals Enrollment	Reduced-Price Meals Enrollment*	Free and Reduced % of Total
17,485	6,024	970	40%

\*All enrolled in reduced-price meals eat for free

### Community Eligibility Provision (CEP) (SY 2022-2023)<sup>13</sup>

**8** eligible public schools\*  
**0** participating public schools

\*Eligibility is determined on an individual school basis and does not include schools that could be or are made eligible through groupings.

### Supplemental Nutrition Assistance Program (SNAP) (2023 SFY)<sup>14</sup>

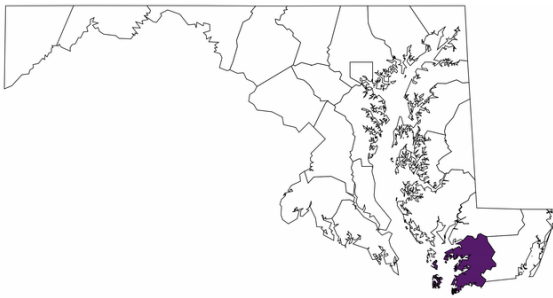
**11,637** average participants/month

### Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) (2022 SFY)<sup>15</sup>

**70.54%** of eligible people enrolled

**2,585** participants

- 769 Women
- 434 Infants (under 1)
- 1,382 Children (ages 1-5)



# SOMERSET COUNTY

## Population (2022)<sup>9</sup>

Total: **24,546**

Children (under 18): **4,197**

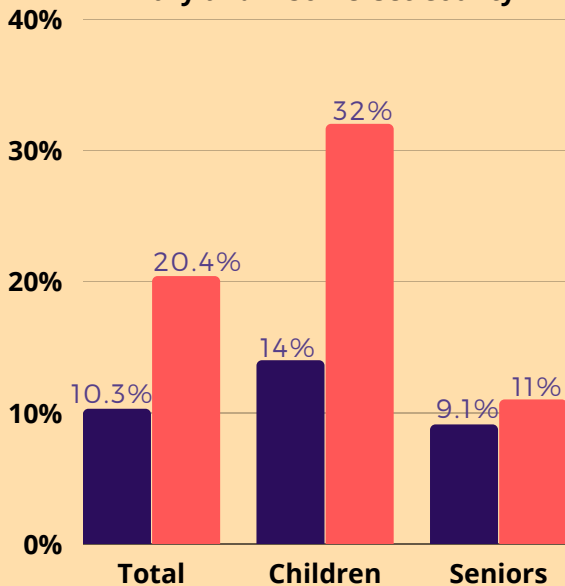
Seniors (over 65): **4,271**

## Median Household Income (2021)<sup>10</sup>

**\$48,661**

## Percent of the Population Living Below Poverty Level (2021)<sup>11</sup>

■ Maryland ■ Somerset County



## Child Nutrition Programs<sup>12</sup>

### Free and Reduced-Price Meals Enrollment (SY 2022-23)

Total Enrollment	Free Meals Enrollment	Reduced-Price Meals Enrollment*	Free and Reduced % of Total
2,786	2,695	0	97%

\*All enrolled in reduced-price meals eat for free

### Community Eligibility Provision (CEP) (SY 2022-2023)<sup>13</sup>

**7** eligible public schools\*

**8** participating public schools\*\*

\*Eligibility is determined on an individual school basis and does not include schools that could be or are made eligible through groupings.

\*\*Somerset County participates in districtwide CEP.

### Supplemental Nutrition Assistance Program (SNAP) (2023 SFY)<sup>14</sup>

**5,920** average participants/month

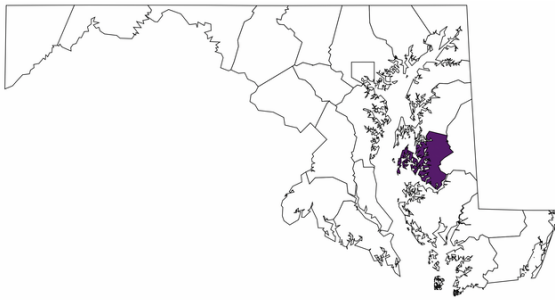
### Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) (2022 SFY)<sup>15</sup>

**67.85%** of eligible people enrolled

**903** participants

- 282 Women
- 150 Infants (under 1)
- 471 Children (ages 1-5)





# TALBOT COUNTY

## Population (2022)<sup>9</sup>

Total: **37,932**

Children (under 18): **6,866**

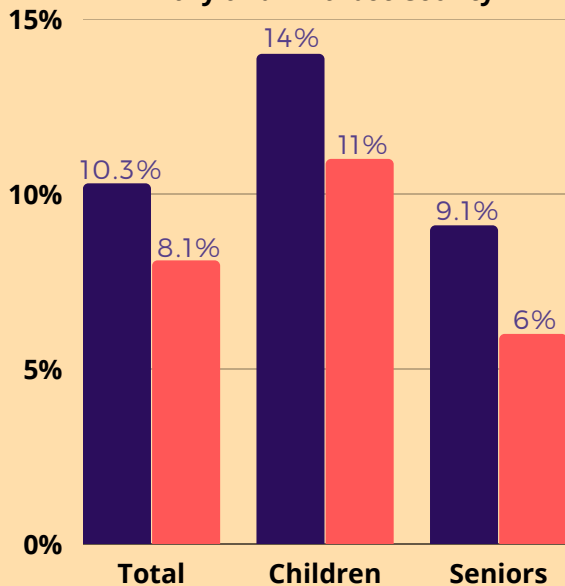
Seniors (over 65): **11,342**

## Median Household Income (2021)<sup>10</sup>

**\$79,349**

## Percent of the Population Living Below Poverty Level (2021)<sup>11</sup>

■ Maryland ■ Talbot County



## Child Nutrition Programs<sup>12</sup>

### Free and Reduced-Price Meals Enrollment (SY 2022-23)

Total Enrollment	Free Meals Enrollment	Reduced-Price Meals Enrollment*	Free and Reduced % of Total
4,523	2,265	377	58%

\*All enrolled in reduced-price meals eat for free

### Community Eligibility Provision (CEP) (SY 2022-2023)<sup>13</sup>

**4** eligible public schools\*  
**0** participating public schools

\*Eligibility is determined on an individual school basis and does not include schools that could be or are made eligible through groupings.

100 percent of Talbot County schools could be made eligible through a districtwide grouping.

### Supplemental Nutrition Assistance Program (SNAP) (2023 SFY)<sup>14</sup>

**4,259** average participants/month

### Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) (2022 SFY)<sup>15</sup>

**68.37%** of eligible people enrolled  
**934** participants

- 264 Women
- 148 Infants (under 1)
- 522 Children (ages 1-5)



# WASHINGTON COUNTY

## Population (2022)<sup>9</sup>

Total: **155,590**

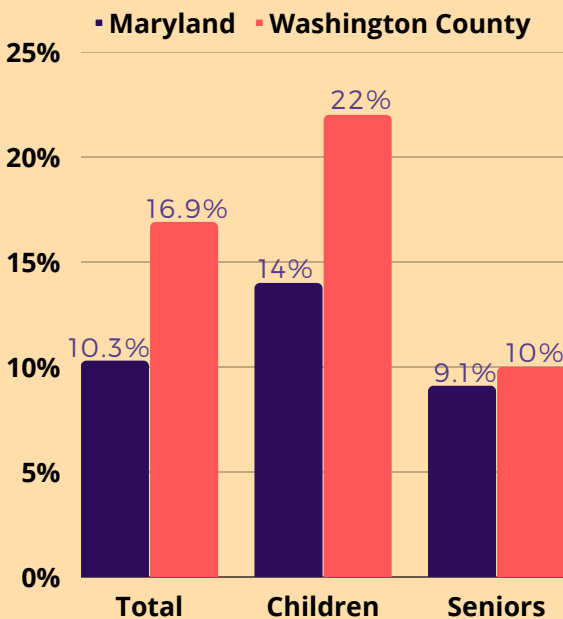
Children (under 18): **33,763**

Seniors (over 65): **27,384**

## Median Household Income (2021)<sup>10</sup>

**\$67,349**

## Percent of the Population Living Below Poverty Level (2021)<sup>11</sup>



## Child Nutrition Programs<sup>12</sup>

### Free and Reduced-Price Meals Enrollment (SY 2022-23)

Total Enrollment	Free Meals Enrollment	Reduced-Price Meals Enrollment*	Free and Reduced % of Total
21,898	12,625	1,250	63%

\*All enrolled in reduced-price meals eat for free

### Community Eligibility Provision (CEP) (SY 2022–2023)<sup>13</sup>

**40** eligible public schools\*  
**13** participating public schools

\*Eligibility is determined on an individual school basis and does not include schools that could be or are made eligible through groupings.

100 percent of Washington County schools could be made eligible through a districtwide grouping.

### Supplemental Nutrition Assistance Program (SNAP) (2023 SFY)<sup>14</sup>

**23,360** average participants/month

### Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) (2022 SFY)<sup>15</sup>

**70.48%** of eligible people enrolled  
**5,226** participants

- 1,453 Women
- 769 Infants (under 1)
- 3,004 Children (ages 1-5)



# WICOMICO COUNTY

## Population (2022)<sup>9</sup>

Total: **104,664**

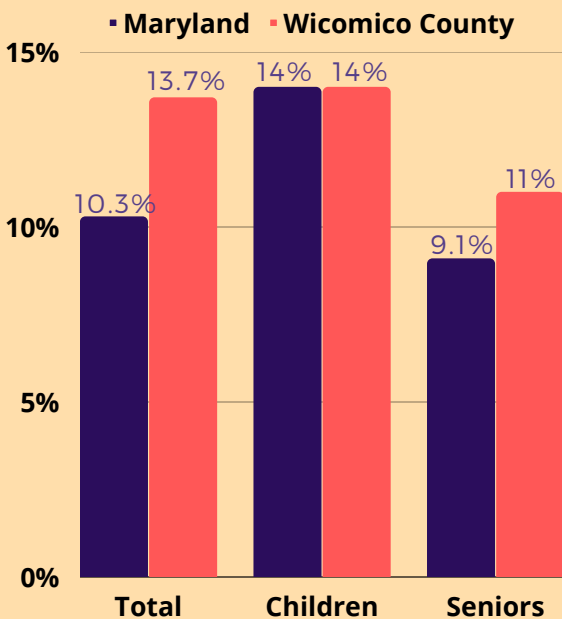
Children (under 18): **23,131**

Seniors (over 65): **17,270**

## Median Household Income (2021)<sup>10</sup>

**\$63,610**

## Percent of the Population Living Below Poverty Level (2021)<sup>11</sup>



## Child Nutrition Programs<sup>12</sup>

### Free and Reduced-Price Meals Enrollment (SY 2022-23)

Total Enrollment	Free Meals Enrollment	Reduced-Price Meals Enrollment*	Free and Reduced % of Total
14,990	11,517	0	77%

\*All enrolled in reduced-price meals eat for free

### Community Eligibility Provision (CEP) (SY 2022-2023)<sup>13</sup>

**18** eligible public schools\*

**26** participating public schools\*\*

\*Eligibility is determined on an individual school basis and does not include schools that could be or are made eligible through groupings.

\*\*Wicomico County uses CEP districtwide.

### Supplemental Nutrition Assistance Program (SNAP) (2023 SFY)<sup>14</sup>

**19,736** average participants/month

### Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) (2022 SFY)<sup>15</sup>

**73.31%** of eligible people enrolled

**5,023** participants

- 1,562 Women
- 852 Infants (under 1)
- 2,609 Children (ages 1-5)



# WORCESTER COUNTY

## Population (2022)<sup>9</sup>

Total: **53,866**

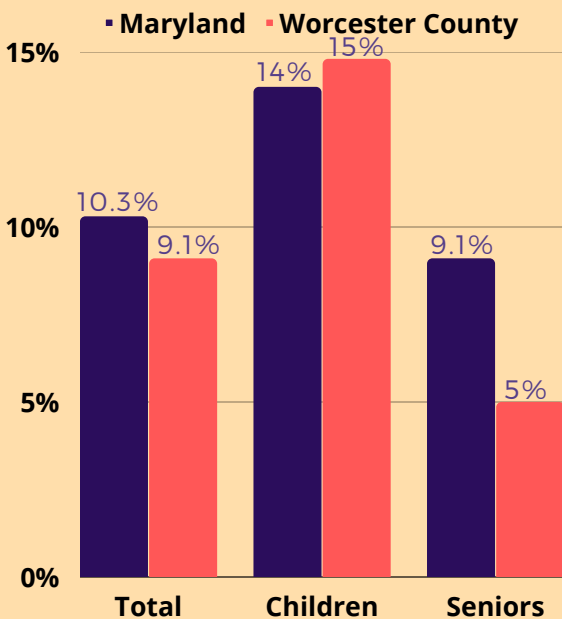
Children (under 18): **9,211**

Seniors (over 65): **15,190**

## Median Household Income (2021)<sup>10</sup>

**\$71,262**

## Percent of the Population Living Below Poverty Level (2021)<sup>11</sup>



## Child Nutrition Programs<sup>12</sup>

### Free and Reduced-Price Meals Enrollment (SY 2022-23)

Total Enrollment	Free Meals Enrollment	Reduced-Price Meals Enrollment*	Free and Reduced % of Total
6,853	3,068	482	52%

\*All enrolled in reduced-price meals eat for free

### Community Eligibility Provision (CEP) (SY 2022–2023)<sup>13</sup>

**8** eligible public schools\*  
**0** participating public schools

\*Eligibility is determined on an individual school basis and does not include schools that could be or are made eligible through groupings.

100 percent of Worcester County schools could be made eligible through a districtwide grouping.

### Supplemental Nutrition Assistance Program (SNAP) (2023 SFY)<sup>14</sup>

**6,491** average participants/month

### Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) (2022 SFY)<sup>15</sup>

**54.81%** of eligible people enrolled  
**927** participants

- 278 Women
- 140 Infants (under 1)
- 509 Children (ages 1–5)

# Key Takeaways

The 2023 Maryland Hunger Profiles offer valuable insights into the state of food insecurity in each jurisdiction in Maryland. Behind the numbers presented in these profiles are Marylanders who struggle to put nutritious food on the table due to a variety of factors. These factors include rising costs of groceries and housing, as well as lasting effects from the COVID-19 pandemic<sup>16</sup>. Understanding county-level statistics about demographics and participation in federal nutrition programs is a crucial step in the fight against hunger. Maryland Hunger Solutions aims to collaborate with state and community partners to discover sustainable hunger solutions, with the ultimate goal of achieving a hunger-free Maryland and supporting the well-being of its residents.

In Maryland, approximately one out of every nine residents participates in SNAP, with an average of 657,781 residents relying on the program each month<sup>17</sup>. Additionally, over half of all Maryland students were enrolled to receive free or reduced-price school meals in SY 2022–2023<sup>18</sup>. These statistics underscore the significant role of federal nutrition programs in supporting a considerable number of Maryland residents. County-level data can reveal where participation in nutrition programs is concentrated. For example, 75 percent of eligible people in Maryland are enrolled in WIC, but 11 counties have enrollment rates below 70 percent<sup>19</sup>. Food insecurity takes on a different shape in each community, and these profiles aim to provide a deeper understanding of these variations. Maryland Hunger Solutions utilizes county-level data to better target our outreach efforts. In addition, the latest participation data helps to inform our advocacy for programmatic and policy changes that will increase participation in these vital programs, such as [Healthy School Meals for All](#) and improved SNAP benefit adequacy.

Through these data profiles, policymakers, community partners, and the general public can gain insights into the landscape of hunger in Maryland. This information serves as a foundation for meaningful and productive discussions about ensuring adequate nutrition and opportunities for all Marylanders to flourish, and fostering ongoing community engagement and informed policy decisions to work towards a hunger-free Maryland.

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<sup>16</sup>Maryland Food Bank. (2022). Food Insecurity in Maryland. An MFB Strategy Group Research Report. Available at <https://mdfoodbank.org/wp-content/uploads/2022/07/MFB-Strategy-Group-Research-Report-Food-Insecurity-in-Maryland.pdf>.

<sup>17</sup>Maryland Department of Human Services. (2022). Data and Reports. Statistical Reports. Supplemental Nutrition Assistance Program. Available at <https://dhs.maryland.gov/documents/Data%20and%20Reports/FIA/Statistical%20Reports/SFY-2023-All-Prg-MoStat-Public-Web-w-Charts-final.pdf>.

<sup>18</sup>Maryland State Department of Education School and Community Nutrition Programs Branch. (2022). Community Eligibility Provision District and School Level Eligibility Data. Available at <https://dhs.maryland.gov/documents/Data%20and%20Reports/FIA/Statistical%20Reports/SFY-2023-All-Prg-MoStat-Public-Web-w-Charts-final.pdf>.

<sup>19</sup>Department of Health, Maryland WIC Program (2022). Received through data request.

# Technical Notes

This school year, school districts made their CEP decisions based on pre-Medicaid direct certification 2021–2022 SY data. The "eligible schools" figures in this report reflect 2022–2023 SY data.

SNAP data for fiscal year 2023 is incomplete and does not include data from June 2023.

The county and state-level data in this report are collected from the following sources:

- <sup>9</sup>United States Census Bureau. (2022). QuickFacts Maryland. Available at <https://www.census.gov/quickfacts/fact/table/MD/PST045222>.
- <sup>10</sup>United States Census Bureau. (2022). QuickFacts Maryland, Median Household Income (in 2021 dollars), 2020–2022. Available at <https://www.census.gov/quickfacts/fact/map/MD/INC110221>.
- <sup>11</sup>United States Census Bureau. (2017–2021). Poverty Status in the Past 12 Months by Sex by Age American Community Survey 2021 1-year estimate. Retrieved from: <https://censusreporter.org>.
- <sup>12</sup>Maryland State Department of Education Office of School and Community Nutrition Programs. (2023). Free and Reduced-Price Meals Data School Year 2022–2023 [Data set]. Available at <https://marylandpublicschools.org/programs/SchoolandCommunityNutrition/Documents/Free%20and%20Reduced%20Data/FARMSSY2022-2023.pdf>.
- <sup>13</sup>Maryland State Department of Education School and Community Nutrition Programs Branch. (2023). Community Eligibility Provision (CEP) District and School Level Eligibility Data. Available at <https://marylandpublicschools.org/programs/SchoolandCommunityNutrition/Documents/CEP/2023CEPData.pdf>.
- <sup>14</sup>Maryland Department of Human Services. (2023). Data and Reports, Statistical Reports. Supplemental Nutrition Assistance Program: Cases, Participants, & Issuances. Available at <https://dhs.maryland.gov/documents/Data%20and%20Reports/FIA/Statistical%20Reports/SFY-2023-All-Prg-MoStat-Public-Web-w-Charts-data-through-May-2023.pdf>.
- <sup>15</sup>Department of Health, Maryland WIC Program. (2022). Received through data request.