

# ECO City Farms

We grow great food, farms and farmers



Farm at  
Edmonston

Farm at  
Bladensburg







A not-for profit, multicultural, intergenerational,  
urban teaching farm established in 2010.



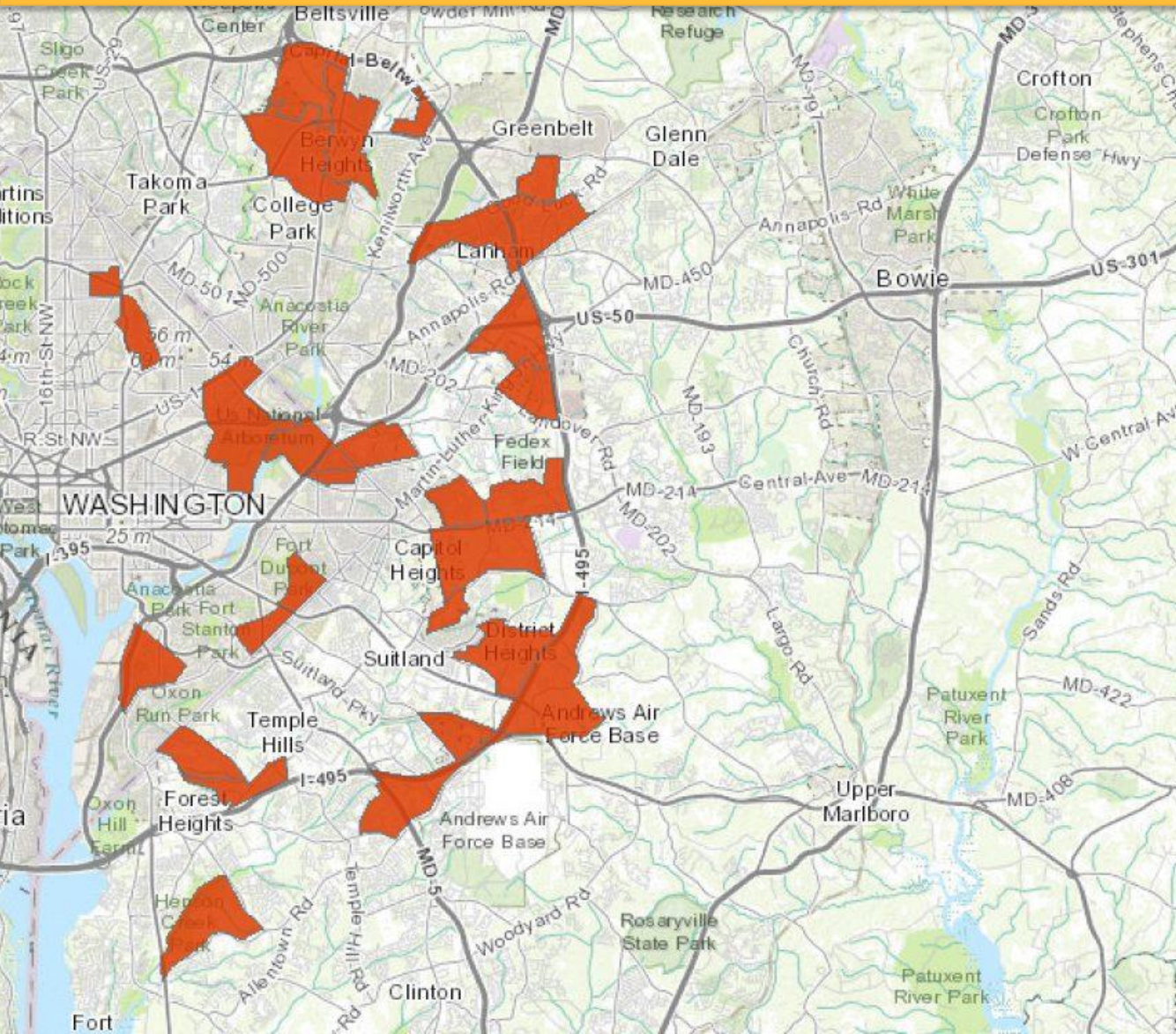


We grow nutrient-rich vegetables, herbs and fruit in places where good food is scarce.





# We serve



the predominately  
African-American,  
African and Latino  
low income and  
working class, inner  
beltway  
communities of  
Prince George's  
County, MD.





Our first farm is on County parkland  
in the Port Town of Edmonston









We practice intensive urban farming, employing environmentally-sound, climate-smart, chemical-free permaculture farming methods and encourage others to do the same.





We increase the amount of good food available & affordable in our community, and promote local, sustainably grown produce throughout the region.





We partner with Maryland University of Integrative Health to train Community Nutrition Educators, and to teach local residents about Healthy Eating and Active Living.







We trained 33 Community Nutrition Educators in 2013







And held hundreds of “Let’s Talk Food” Community Nutrition workshops in 2014 and 2015







We host many educational, community- building & cultural events at our farms.





We feed many hundreds of families with our affordable “Eat Local” farm shares.

We sold our produce at the year-round Riverdale Park Farmers Market for 8 years.







# We Work with Area Youth





Every Summer we engage 22 local high school youth for six hours a day for six weeks.





SEED2FEED 2012



2013



2014



2015





SEED2FEED 2016

2018



2017









**SEEDlings  
2015**





Local Schools use the farm for curricular & extra-curricular activities.





# We are a County Voice for Justice & Equity, Food Security & Sustainable Farming.



PRINCE GEORGE'S COUNTY  
FoodEquityCouncil



PORT TOWNS  
Community  
HEALTH  
Partnership







We helped to establish the County's Food Equity Council.





# We train the Next Generation of Urban Farmers





With a grant from USDA, ECO trained 17 new urban farmers in 2017 and in 2018, we are training another 17 new and aspiring farmers.

Prince George's Community College  
Workforce Development and Continuing Education

SPRING 2017

## Urban Agriculture: Business Opportunity through Sustainability



**AGR-302 Syn# 16777** [register at www.pgcc.edu](http://www.pgcc.edu)

In this intensive course, you will be taught strategies for planning and designing an ecologically-sound urban farm based on your needs, goals, and resources.

Starting with the basic principles of sustainable farming, this course will touch on crop and soil science, composting, resource management, and farm business planning.

In addition, you will be taught food safety regulations and strategies needed to know to prepare produce for sale.

9 sessions. \$583

January 25–March 22, 2017 | Wednesdays | 6–9 p.m.  
Location: ECO City Farm

For more information about starting an  
**Urban Farm Business,**  
call 301-546-8233 or e-mail [CED@pgcc.edu](mailto:CED@pgcc.edu)



**Center for  
ENTREPRENEURIAL  
DEVELOPMENT**

PRINCE GEORGE'S COMMUNITY COLLEGE





### Project Summary:

Conduct two 400-hour, year-long comprehensive trainings for new and aspiring urban farmers to learn the theory and practice of growing ecologically-sound healthy food.



### Objectives:

Engage 24 trainees over 2 comprehensive training cycles; trainees advance food production businesses; create supportive networks of learning and opportunity; ECO's beginning urban farmers training model is measured, shared and replicated.



### Anticipated Outcomes:

Recruit and retain 24 Beginning Urban Farmer trainees from DC metro area within 7 mile radius of farm; 91% of all trainees are economically/socially disadvantaged; 95% of all trainees complete the PG Community College Certificate Program; Successfully conduct two, 11-month training programs and rerun Community College class; Create strong learning network of urban farmers and food producers to strengthen regional food system; Reproducible curriculum & methodology; Employ 6 graduate farmers for 2<sup>nd</sup> year; 70% of graduates advance their farming and/or related food production enterprises upon completion of program.



## Food Sovereignty: Growing Urban Farmers and Farms



Prince George's County, Maryland  
Margaret Morgan Hubbard, P.D.  
Award #: 2016-70017-25342





We host international fellows for 4 months yearly with the IREX Community Solutions Program.





# We Practice Environmental Stewardship through Conservation, Resource Reuse, Composting







## And Vermicomposting







We grow food for and with the community  
& engage local community leaders







Our Second Farm in Bladensburg is on the grounds of a subsidized 1000-resident apartment complex







One-time Tilling, Cover Cropping, Composting,



Permaculture and other Restorative Agriculture Practices





## Raising the multipurpose barn







## And the Worm House for Vermicomposting







Our first growing season in Bladensburg-- Spring 2012





Spring 2013



Summer 2013







Summer and Fall 2014







## An Herbal Sensory Garden





# Planting trees & preparing additional land for planting







ECO trains Master Composters through the Neighborhood Soil Rebuilders Program and engages community members to compost, farm and teach others.





Weekly volunteer days and special events.







Recognition  
by State and local  
leaders 2018



# 2018 Maryland Sustainable Growth Awards

Presented by the  
Maryland Sustainable Growth Commission



# ECO City Farms

Preservation and Conservation



# Urban Farming calls for constant change, innovation and repair.







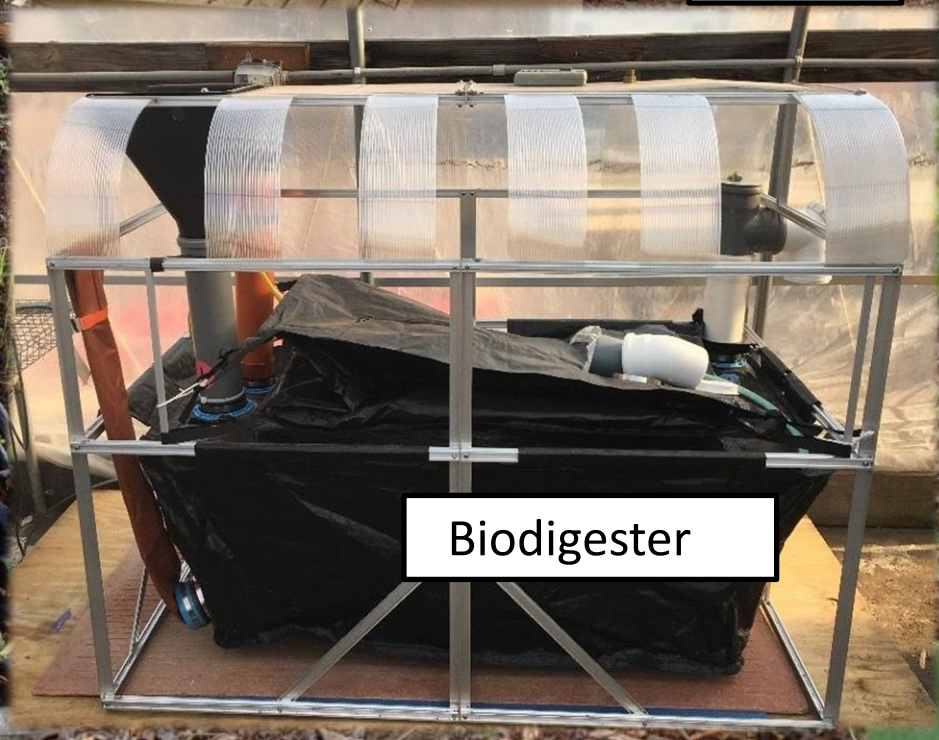
Tile Drainage



Microgreens



A Pond



Biodigester



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Farms: 4913 Crittenden St, Edmonston, MD 20781  
6100 Emerson St, Bladensburg, MD 20710



[www.facebook.. com/ecocityfarms](http://www.facebook.com/ecocityfarms)





Learn more about ECO City Farms at: [www.ecocityfarms.org](http://www.ecocityfarms.org)  
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