



# FOOD ACCESS AND MEASUREMENT: STATE AND COMMUNITY INITIATIVES

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-OVERVIEW OF CLF

-MEASURING FOOD ACCESS - FOOD DESERTS

-STATE FOOD POLICY WORK

-COMMUNITY FOOD ASSESSMENTS



- Center for a Livable Future
  - Center within Bloomberg School of Public Health
- Activities
  - Research
  - Education/communication
  - Community action/policy



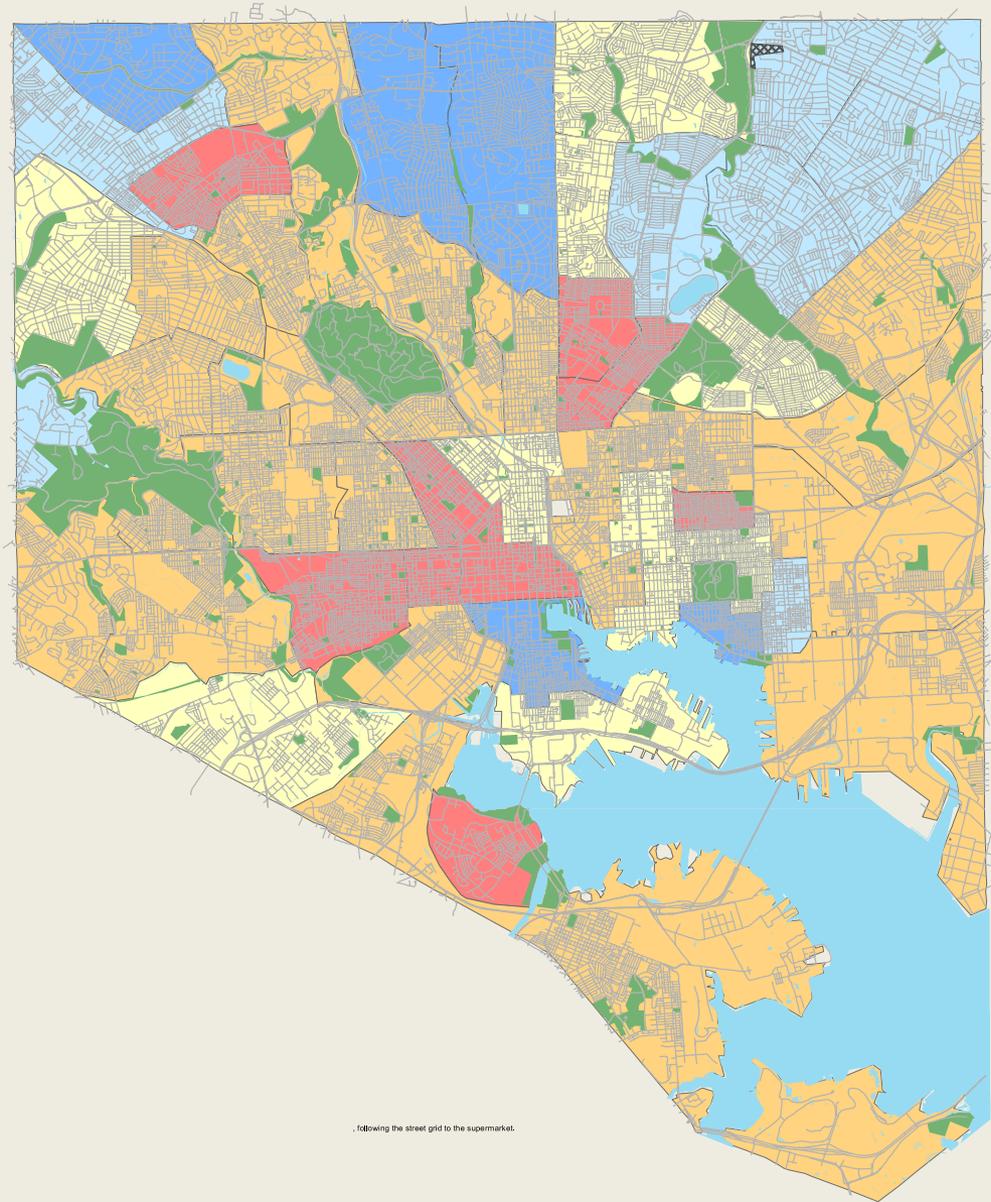


## Eating for the Future

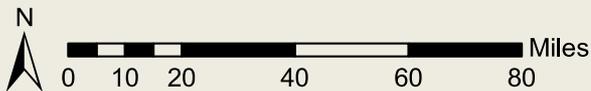
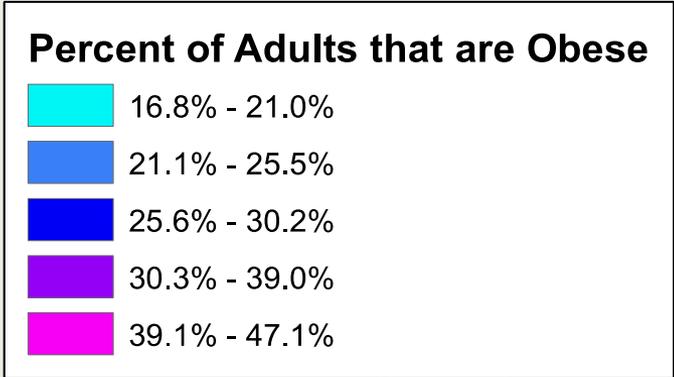
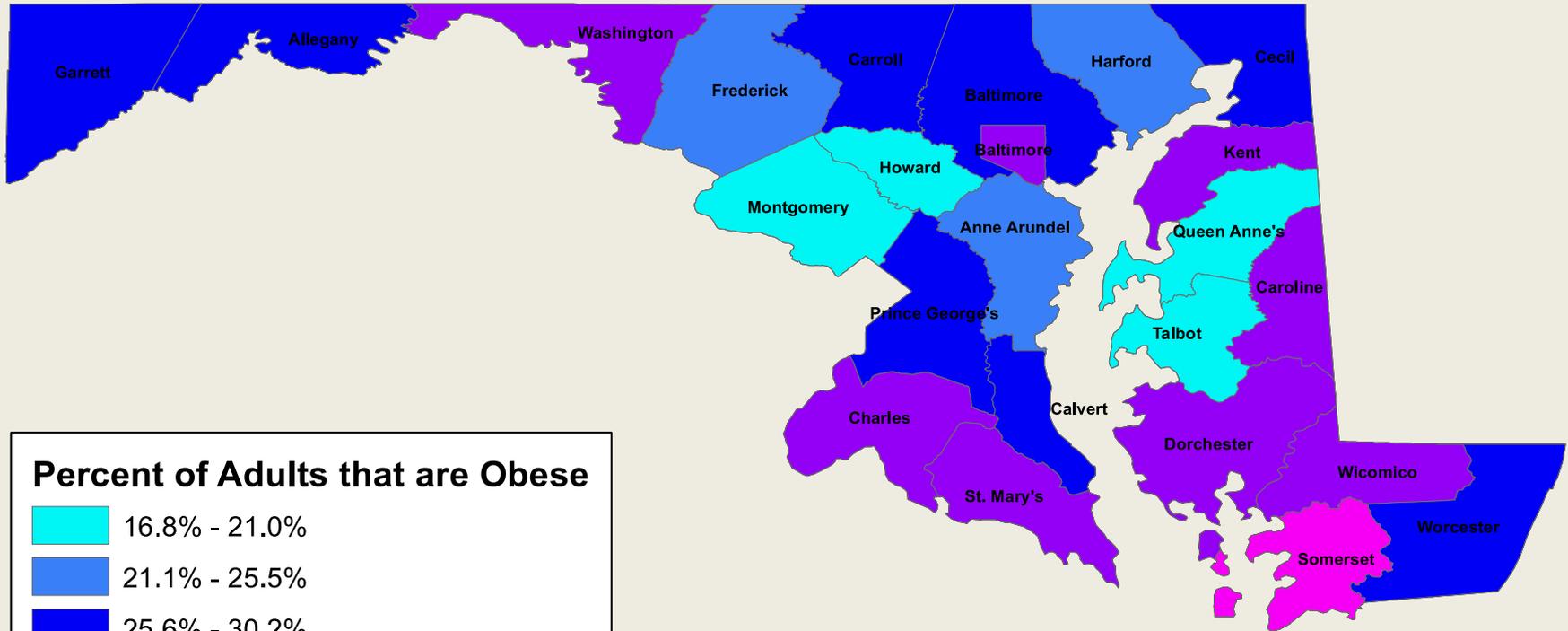
- **Goal** – promote changes in food access, purchasing, and consumption to ensure a safe, healthy, equitable and environmentally sustainable food supply



# Measuring Food Access



# Adult Obesity Rates by County for Maryland 2007





## State Food Policy Efforts

- DHMH – Convened Maryland’s Food Policy Workgroup in summer 2009
- 36 official members from various sectors
- Summit held in 2009 with presentation of recommendations
- Topics under discussion included: land use policy, access to healthy foods, school nutrition, artificial trans fats, sugar sweetened beverages, menu labeling – short and long term



## Some final recommendations

- Establish a body that will work on food policy issues in the long-term to enhance health and improve the food system in Maryland.
- Identify and remove barriers to production, distribution and availability of healthy, affordable foods (MD grown)
- Establish funding source to improve access (i.e. FFF)
- Promote EBT at FM by utilizing federal resources for capital & State resources for administration



- Prohibit trans fats in restaurant and packaged goods throughout MD through a phased-in implementation
- Sugar sweetened beverage –need more research
- Menu labeling – continue to monitor federal menu labeling regs. Assess MD’s ability to support and enhance menu labeling



## Next steps

- December 2010 – Mark Winne met with smaller group
  - Review of the working group report & what is feasible for action
  
- Summer/Fall 2011 – follow up meetings to determine where we go from here.



# Community Food Assessments

- A community food assessment (CFA), defined as “a collaborative and participatory process to systematically examine a broad range of community food assets and resources, so as to inform on local issues that need attention and change actions to make the community more food secure.”



## Why do community food assessments?





# Community Food Assessments - Baltimore

- Started in 2006
- Similar survey used in southwest, Clifton Park, Cherry Hill (Towson), Curtis Bay/Brooklyn, Park Heights
- Fall 2011, Lexington Market, Reservoir Hill





## Results over assessments

- People most dissatisfied with price; lack of access second most frequent
- ~50% or more of monthly food expenditures at supermarkets
- High % have household member w/ health condition related to diet
- Transportation not a significant barrier
- 83% or higher interested in purchasing food grown in their neighborhood

# Community Food Assessments

- Mapping project created because of assessment

