

Don't let the cost of food eat up all your money!



Apply to the Food Supplement Program today!

See below if you should sign up for FSP.

Effective: October 1, 2015 - September 30, 2016

How many people live in your house?	1	2	3	4	5	6	7	8
Is your monthly income this much or less (before taxes)? If so, you may qualify for FSP.	\$1,945	\$2,621	\$3,298	\$3,975	\$4,651	\$5,328	\$6,005	\$6,681
You could get this much each month.	\$16 ↕ \$194	\$16 ↕ \$357	\$16 ↕ \$511	\$16 ↕ \$649	\$16 ↕ \$771	\$16 ↕ \$925	\$16 ↕ \$1022	\$16 ↕ \$1,169

As of September 2015 the average benefit in Maryland is \$122/person per month. On average, a family of 4 receives \$236 per month.



To apply to the Food Supplement Program over the phone, call Maryland Hunger Solutions at 410-528-0021 or Toll Free at 866-821-5552 or apply online at www.marylandsail.org

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