

# *Hear the Maryland Crunch!*

Wednesday, March 25<sup>th</sup>



Celebrate Maryland Day with Maryland Hunger Solutions and thousands of other Marylanders by crunching into an apple!

*Hear the Maryland Crunch* is a fun, state wide, synchronized apple crunch event that aims to raise awareness of the important role of School Breakfast Programs in reducing child hunger.

**EVERY CHILD SHOULD HAVE ACCESS  
TO A HEALTHY BREAKFAST EVERY DAY!**

Students who participate in School Breakfast Programs:

- Are less likely to be absent from school;
- Have improved health; and
- Perform better on standardized tests.

Schools can increase participation in breakfast by adopting successful models such as Breakfast in the Classroom and the Community Eligibility Provision.

Will you **#HearTheCrunch**? Sign up today!

Web: [www.tinyurl.com/HearTheCrunch](http://www.tinyurl.com/HearTheCrunch)

Facebook: Maryland Hunger Solutions

Twitter: @MarylandHunger