

## Support Senate Bill 818

## The Maryland Meals for Achievement Program

Senate Budget & Taxation Committee

March 7, 2018

Maryland Hunger Solutions urges your support of Senate Bill 818 so that students in high-poverty schools will have access to a nutritious school breakfast and start the day ready to learn. Decades of research show that students who participate in school breakfast:

- are less likely to experience food insecurity (the lack of reliable access to the nutritious food needed to live a healthy life a reality for 17 percent of households with children);<sup>1</sup>
- are better able to learn and demonstrate improved academic performance;<sup>2</sup>
- consume a healthier overall diet and are less likely to be overweight;<sup>2</sup>
- exhibit better behavior at school;<sup>2</sup> and
- are less likely to be late to or absent from school.<sup>2</sup>

Despite these benefits, **less than half of all low-income students** in our state participate in the School Breakfast Program.

Senate Bill 818 aims to increase access to breakfast by strengthening the successful Maryland Meals for Achievement (MMFA) program. MMFA provides universal breakfast in the classroom for over 240,000 students in 450 high-poverty schools. MMFA eliminates the barriers to participation in school breakfast including stigma, the cost of the meal, and the timing that breakfast is available.

Students at MMFA schools demonstrate better educational performance, improved health, and fewer behavioral issues.<sup>3</sup> In addition, MMFA schools have fewer suspensions, higher test scores, and fewer tardy students.<sup>2</sup>

MMFA is a smart investment: for every dollar, \$5.46 is returned in federal school meal reimbursements.

Unfortunately, only half of eligible schools are currently able to participate due to insufficient state funding for the program. In fact, nearly 40,000 students attend schools on the current waiting list for MMFA (see page two for a table of schools on the MMFA waiting list). SB 818 will increase funding so that all 851 high-poverty schools that are eligible can benefit from this successful program.

Maryland Hunger Solutions urges a favorable report on Senate Bill 818.

 $<sup>\</sup>label{eq:statistics-graphics-asystem} ^{1} \text{USDA food insecurity data available at } \underline{\text{https://www.ers.usda.gov/topics/food-nutrition-assistance/food-security-in-the-us/key-statistics-graphics.aspx#children} \\$ 

<sup>&</sup>lt;sup>2</sup> Food Research and Action Center, <u>Breakfast for Learning</u>

<sup>(</sup>http://frac.org/wpcontent/uploads/2009/09/breakfastforlearning.pdf) and <u>Breakfast for Health</u> (http://frac.org/wpcontent/uploads/2011/08/breakfastforhealth.pdf).

<sup>&</sup>lt;sup>3</sup> http://www.eric.ed.gov/PDFS/ED460784.pdf

## Schools on the Maryland Meals for Achievement (MMFA) Waiting List in 2017-2018 due to Insufficient Funding Allegany West Side Elementary Central Special Education Center Tracey's Elementary **Anne Arundel** Glen Burnie Senior Arbutus Elementary **Orems Elementary** Carney Elementary Pot Spring Elementary Cedarmere Elementary Red House Run Elementary Essex Elementary **Reisterstown Elementary** Fullerton Elementary **Baltimore County Relay Elementary Glyndon Elementary Timber Grove Elementary** Grange Elementary Victory Villa Elementary Middleborough Elementary Winand Elementary **Oakleigh Elementary** Woodholme Elementary Carroll Elmer A Wolfe Elementary Cecil Cherry Hill Middle Perryville Elementary Thomas Stone High School Charles Cambridge-South Dorchester High Dorchester North Dorchester High Frederick Monocacy Middle Orchard Grove Elementary Edgewood High Joppatowne High Harford John Archer School **Royewilliams Elementary** Thomas Viaduct Middle Deep Run Elementary Howard Oakland Mills High Highland View Elementary Blair G Ewing Center Carl Sandburg Learning Center Northwood High Montgomery Fields Road Elementary Redland Middle Fox Chapel Elementary Springbrook High Gaithersburg High Wheaton High Alternative High International HS at Langley Park **Prince George's** Buck Lodge Middle International HS at Largo St Mary's Great Mills High Fountain Rock Elementary Potomac Heights Elementary Washington Jonathan Hager Elementary Fruitland Intermediate Westside Primary Wicomico Fruitland Primary Worcester Pocomoke High Snow Hill Senior High